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<th>TUESDAY</th>
<th>WEDNESDAY</th>
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**Codependents - Burlington**  
*Who:* Persons with relationship issues.  
*When:* Sunday  
*Time:* 12:00 PM – 1:00 PM  
*Location:* Turning Point Center 191 Bank Street Burlington  
*Contact:* Tom 802-238-3587, burlingtonvtcoda@gmail.com, www.burlingtonvtcoda.org

**Peer Support Circle - Burlington**  
*Who:* For individuals with mental health challenges.  
*When:* Wednesday  
*Time:* 5:00 PM - 6:00 PM  
*Location:* The Wellness Co-op 43 King Street Burlington VT  
*Contact:* 1-888-492-8218 x300 thewellnesscoop@pathwaysvermont http://www.thewellnesscoop.org/calendar/

**Peer Support – Burlington (check NAMI website below for other locations)**  
*Who:* For people living with mental illness where people learn from one another’s experiences, share coping strategies and offer mutual encouragement and understanding.  
*When:* Every Thursday  
*Time:* 3:00 – 4:30 pm  
*Location:* St. Paul’s Cathedral, 2 Cherry Street, Burlington (enter from parking lot into lower level)  
*Contact:* info@namivt.org or http://namivt.org/support/peer-support-groups/

**Family Support – Burlington (check NAMI website below for other locations)**  
*Who:* For family and friends of individuals with a mental illness where they can talk frankly about their challenges and help one another through their learned wisdom and coping strategies  
*When:* 2nd and 4th Tuesday  
*Time:* 7:00 pm  
*Location:* Howard Center, corner of Pine & Flynn Ave, Burlington  
*Contact:* Jim and Pat Johnson (802) 872-9651 or http://namivt.org/support/family-support-groups/

*When:* 3rd Wednesday  
*Time:* 6:00 pm  
*Location:* Community Health Center, Riverside Ave., Mansfield Conference Room, Burlington  
*Contact:* Janice Sabet (802) 598-2171 or http://namivt.org/support/family-support-groups/
**When:** 1st & 3rd Monday  
**Time:** 6:30 pm  
**Location:** Shaw’s, 570 Shelburne Road, South Burlington  
**Contact:** Jim and Pat Johnson (802) 872-9651 or [http://namivt.org/support/family-support-groups/](http://namivt.org/support/family-support-groups/)

**Other Helpful Resources**  
Vermont Family Network  
1-800-800-4005

Vermont Federation of Families for Children’s Mental Health  
1-802-876-7021 / 1-800-639-6071

Turning Point  
[http://turningpointcentervt.org/calendar/](http://turningpointcentervt.org/calendar/)  
(802) 861-3150

Call 211 – community resource line