Environmental Vulnerability and Social Unrest: A Comparative Index

Michela H. Grunebaum

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Environmental Vulnerability for Future Social Unrest: A Comparative Index

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Abstract
A body of literature has identified links between existing social and environmental conditions and the likelihood of civil unrest due to future climate-driven events. Recent episodes of social unrest including, but not limited to the Arab Spring, the Syrian Civil War, increased terrorism and the Darfur conflict can be linked to previously existing environmental vulnerabilities. The literature identifies individual factors associated with climate-driven vulnerability for future social unrest, but no comprehensive index exists. An index of environmental vulnerability to climate-driven impacts as a possible predictor for hot-spots for future social unrest was created using previously identified variables via a review and analysis of prior journal articles and relevant international indices. A vulnerability assessment framework to climate-driven social unrest was developed to identify countries that appear highly vulnerable to such outbreaks based on chosen factors. Selected variables are complimented with the inclusion of national-level indicators that are selected from global indices for which data has previously been compiled. This index is a comparative tool to identify patterns and opportunities for mitigation on the national level.
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Environmental Vulnerability for Future Social Unrest: A Comparative Index

Since the 1980s, the number of recorded natural disasters related to weather and climate events has roughly doubled (Munich, 2012). Direct damages to monetized assets, that is the reported losses from global weather and climate-related events have dramatically increased over recent decades (Intergovernmental Panel on Climate Change [IPCC], 2010). Monetary losses from these impacts have been significant, but losses to human life, cultural heritage and ecosystem services are much more difficult to calculate.

Studies that have attempted to catalogue these losses – and predict future losses – have yet to fully account for the vulnerability of current conditions in civil society to climate-related events due to lack of data. There are apparent links between the existing environmental conditions and civil structures when a climate event occurs and the severity of harm to a society and likelihood of strife. It appears that such elements as food security, water security, drought, settlement patterns, urbanization, and changes in socioeconomic conditions have influenced the observed trends in the exposure and magnitude of harm from climate events to civil society, but as of yet, there is no index compiled of such risk factors (IPCC, 2012). Vulnerability to these increasing events is, of course, highly dependent on local and regional factors (United Nations International Strategy for Disaster Reduction, 2009). Projections for the next few decades indicate the likelihood of greater changes in the frequency, intensity, duration and spatial extent of climate related events and thus the importance of understanding the vulnerability of civil society, risk factors and costs associated with them is rising (IPCC, 2012).

In climate literature, the likelihood of harm as a result of indirect or direct exposure to a climate event is often called susceptibility (Kasperson & Kasperson, 2001; Adger, 2006; Eakin & Luers, 2006; Gailard, 2010). Vulnerability is defined as “the state of susceptibility to harm
from exposure to stresses associated with environmental and social change and from the absence of capacity to adapt” (Adger, 2006 p. 268). Susceptibility is one component of vulnerability that becomes most evident when an exposed population experiences a climate related event. It is distinguishable from actions taken to alleviate harm following exposure to an event. There is a large body of literature that explores the characteristics that influence the susceptibility of a population to both direct and indirect harm from climatic risk and hazards (Liverman, 1990; Kasperson & Kasperson, 2001; Adger, 2006; Eakin & Luers, 2006; Leichenko & O’Brien, 2008; Adger et al., 2009; Keskitalo, 2009; Gaillard, 2010). Unpacking which elements of susceptibility are most linked to civil strife from climate-driven weather events will be in part the topic of this thesis.

Factors that are commonly considered significant in influencing susceptibility include economic, demographic, social, cultural and environmental conditions; the form or quality of the infrastructure and the built environment; the presence of social capital; the effectiveness of institutions and governance; and the presence or recent history of violent conflict (IPCC, 2007, 2012). These factors are complex and often interrelated, making it difficult to isolate causality due to a single factor, in addition to the fact that such measures are dynamic and are influenced by other non-climatic processes such as globalization and urbanization (O’Brien & Leichenko, 2007; Leichenko & O’Brien, 2008).

Many of the variables that impact prior vulnerability to social unrest caused by climatic events are overlapping and interrelated. It is difficult to predict the timing, magnitude and character of unrest events. Yet combining a number of such factors and adjusting their relative weights based on historical patterns may lead to an understanding of where civil strife is most likely to occur. The purpose of this project is to identify and compile the most relevant variables
that best demonstrate a countries’ vulnerability to climate-driven social unrest using a review of prior literature and relevant international indices. The assessment framework used will be an index of selected variables supported by national-level indicators that are selected from global indices for which data has previously been compiled. Assessing vulnerability to climate-driven social unrest is crucial to avoiding or mitigating future turmoil that will only increase as the climate becomes increasingly unstable.

**Literature Review**

*The Arab Spring*

Beginning in late 2010, the Arab Spring was an unprecedented progression of marches, nonviolent protests and ultimately violent demonstrations, riots, coups and civil wars in the North Africa and Middle East region. The Arab Spring is widely believed to have been instigated by dissatisfaction, particularly of youth and unions, with the corruption and factional rule of local and national governments. Initial demonstrations were catalyzed first in Tunisia, when Mohamed Bouazizi, a fruit vendor in the town of Sidi Bouzid, doused himself with gasoline and set himself afire in protest of his wares being confiscated from his roadside fruit stand and being unable to find any other work.

The Arab Spring, and the many country-specific movements it generated, eventually brought down dictators in Tunisia, Libya, Yemen and Egypt and the repercussions continue to impact the region today. Although the direct spark of the unrest was Mohamed Bouazizi, empirical evidence suggests that a spike in food prices across the Arab world was responsible for setting the stage (Johnstone & Mazo, 2011). By late 2010, global food prices – including in the Arab world – had increased by 40 percent in the course of one year, largely due to droughts in
Russia, Ukraine, China and Argentina and torrential storms in Canada, Australia and Brazil – all major wheat and grain producers (Sternberg, 2012).

The concurrent and extreme weather events considerably diminished global food crops, driving commodity prices up. This significantly affected the North-Africa and Middle East regions because arable land and water supplies are scarce, making the regions extremely vulnerable to fluctuations in global food supplies and prices and largely reliant on imports. The region is in fact one of the top global food importers (Werrell & Femia, 2013). Prior to the weather events of the 2000s, the region was already dealing with internal sociopolitical, factional, economic, and climatic tensions, and the 2010 global food crisis helped drive it over the edge.

Regional climate events in distinct locations now operate within the global context. Scenarios where weather events cause economic and political strife are likely to increase as climate volatility and expanding populations combine to exacerbate resource competition and national stability (Michel & Yacoubian, 2013). It is observable that there are a number of symptoms that push weak states to their limits, including scarcity of common goods, water rationing, crop failures, migration and rapid urbanization (Michel & Yacoubian, 2013). Climate models consistently predict that warming will occur faster in the Middle East-North Africa region, accentuating these variables. As climate change drives extreme weather events in producer countries, food price increases may become another ticking time bomb in the region.

*The Conflict in Syria*

The Syrian Civil War is an ongoing multi-sided armed conflict fought primarily by the government of President Bashar al-Assad, along with its allies and various forces opposing the government, from the Islamic State (ISIL) to pro-democratic factions. The unrest in Syria, part of
a wider wave of 2011 Arab Spring protests, grew out of discontent with the Assad government and escalated into an armed conflict after protests calling for his removal were violently suppressed.

The conflict coincided with the most intense drought ever recorded in Syria, lasting from 2006 to 2011 and resulting in widespread crop failures, an increase in food prices and a mass migration of farming families to urban centers (Gleick, 2014). The severity of the drought, coupled with the failure of Assad’s regime to prepare or respond to it effectively, exacerbated other tensions that had erupted in the wake of the Arab Spring revolutions (Kelley, Mohtadi, Cane, Seager, & Kushnir, 2015).

Additionally, unsustainable farming practices led to the massive depletion of groundwater in Syria, which was crucial for irrigating land beyond the reach of depleted surface water sources. Dwindling groundwater was accompanied by a long-term decline in rainfall in the region that affected farms watered by rivers (Kelley, Mohtadi, Cane, Seager, & Kushnir, 2015). The Fertile Crescent, including Syria witnessed a 13 percent drop in its winter rainfall since 1921. (Kelley, Mohtadi, Cane, Seager, & Kushnir, 2015; Barnes, 2009). Another trend saw average temperatures rising several degrees, which dried out the remaining moisture in soils (Kelley, Mohtadi, Cane, Seager, & Kushnir, 2015).

Climate models showed that the drier and warmer trends for Syria were predicted; Anthropogenic greenhouse gas emissions suggested that a severe drought was twice as likely (Kelley, Mohtadi, Cane, Seager, & Kushnir, 2015). Thus, the prolonged devastation from the drought that sparked the migration of rural workers into Syrian cities before the 2011 uprising was likely made worse by greenhouse gas emissions. This implicates human caused climate
change as one of the factors that led to the Syrian conflict, which has claimed more than 190,000 lives (De Chatel, 2014).

The failure of crops in the Fertile Crescent has wiped out livelihoods for an estimated 1 to 1.5 million people that have been forced to migrate to the cities (De Chatel, 2014; Goldstone, 2002). This migration in Syria has caused a huge population shock in the country’s urban centers. Critics of this causal link point to the uprising having more to do with the government’s failure to respond to the drought than the drought itself. This critique argues that the drought exacerbated social unrest through less direct cause. It is fair to say that civil unrest rarely has a simple or unique cause, and the civil war in Syria is no exception. Yet, climate change is predicted to bring more severe climate events that could hit countries, exacerbating existing instabilities and weaknesses and potentially sparking unrest. The Syrian civil war, and unrest throughout the North-African and Middle East regions, are examples of the emergence of climate change’s negative and destabilizing influence in countries, a phenomenon that will be increasingly common in the future given current climate models.

**Terrorism**

As the climate is changing, so are the conditions in which non-state armed groups operate. Climate change in itself does not create terrorists, but it contributes to the creation of the fragile state where in such groups can thrive, by driving food insecurity and forcing local populations to compete for dwindling resources such as arable land and water. This strengthens the recruiting efforts of terrorist groups like the Islamic State in Iraq and Syria and Boko Haram in Nigeria and surrounding countries. Terrorist groups will be able to exploit natural disasters and water and food shortages expected to result from climate change, allowing them to recruit more easily, operate more freely, and control civilian populations (Sayne, 2011).
Further, terrorist groups are increasingly explicitly using natural resources as weapons of war, controlling access to them, and compounding and exacerbating resource scarcities. The scarcer resources become, the more power is given to those who control them, especially in regions where people are particularly reliant on scarce natural resources for their livelihoods. As climate change affects food security and the availability of water and land, affected people will become more vulnerable not only to negative climate impacts, but also to recruitment by terrorist groups offering alternative livelihoods and economic incentives.

In the drought-ravaged region around Lake Chad in central Africa, food and water shortages, near-economic collapse and weak governments are providing a ripe recruiting ground for Boko Haram. Many of the group’s foot soldiers are those displaced by severe drought and food shortages in neighboring Chad and Niger, people dislocated due to ecological disasters taking place in a chaotic state of absolute poverty. This social dislocation is caused by the drive for food, water, shelter, jobs and means of livelihood (Odjugo, 2005; Coe & Foley, 2001).

Thousands of farmers and herdsmen had lost their livelihoods and were facing starvation in the North-Africa region (Sayne, 2011). Many of these men were found in major cities like Lagos, pushing water carts and repatriating their earnings to the families they left behind, but others were believed to have been lured to join Boko Haram (Sayne, 2011). The Nigerian military itself has now recognized a correlation between regional climatic events and an upsurge in extremist violence (Ahmed, 2014).

*Darfur*

The War in Darfur is a major armed conflict in the Darfur region of Sudan that began in 2003 when two rebel groups, the Sudan Liberation Movement and the Justice and Equality Movement began fighting the government of Sudan which they accused of oppressing Darfur’s
non-Arab population (United Nations Environment Programme, 2007). Further investigation of this conflict reveals additional drivers from the impacts of climate change and environmental degradation.

Tensions between farmers and herders over disappearing pasturelands and evaporating water holes reignited a half-century of tensions between the Arab and non-Arab factions in Sudan. The region has seen a decrease of 30 percent in rainfall over the last 40 years with the Sahel Desert advancing over a mile every year (United Nations Environment Programme, 2007). Rival tribes had voiced concern that these climate-related events are sparking a new round of active fighting due to Arab nomads pushing southward into their territory due to drought. As the desert moves southwards, there is a physical limit to the sustainability of ecological systems; eventually groups are forced into direct conflict over land.

Additionally, drought and desertification across much of the Sahel have undermined agricultural and pastoral livelihoods, contributing to urbanization and a massive flows of migrants (United Nations Environment Programme, 2007; Sindico, 2017). The Darfur conflict is most often discussed in terms of its military and political aspects, although at its core there is likely a more complex dynamic at play. In addition to the diverse social and political causes, the Darfur conflict also was instigated by an ecological crisis, arising at least in part from climate change. It is unlikely that lasting peace can occur in the region without sustained investment in containing environmental damage and adapting to climate change.

An analysis of the drivers behind recent examples of unrest in North Africa and the Middle East makes clear that civil instability originating from environmental vulnerability is a rich area of study. Climate events are unique in that they can be socially disruptive both where they occur and remotely due to global markets, particularly in regard to food and energy. Local
disruptions create obvious and visible impacts: storms, floods, heat waves and droughts. However, less obvious shocks can reverberate around the world impacting human well being in populations far removed from where the climate event occurs, as in the case of the Arab Spring. More overt climate related consequences have obvious local impacts that can disrupt societies by exacerbating existing social and political stresses.

*The Vulnerability of the State*

The effects of food insecurity on the likelihood of violent unrest depend on the extent to which state structures and institutions are already vulnerable (Jones, Mattiacci, & Braumoeller, 2017). States that are less vulnerable to the threat of food insecurity will be better able to avoid violent unrest than states that are more vulnerable (Hegre & Sambanis, 2006; Fearon & Laitin, 2003; Collier & Hoeffler, 2004). Crucial to avoiding threats of food insecurity are a state's ability to mobilize the resources and employ the policy tools necessary to quickly respond to these negative ramifications (Adger, 2006). The 2003-2004 extreme drought that affected Kenya and Ghana demonstrated how prior state vulnerability exacerbates impacts from shocks to the system induced by extreme weather (IPCC, 2013). Kenya experienced far more violent unrest compared with Ghana that can be explained by examining its relatively significant comparative vulnerability (Salehyan et al., 2012). Ghana was able to marshal state resources to mitigate negative impacts from the shock because of a smaller population, larger Gross Domestic Product per capita, and robust government action in the form of a $1 billion dollar aid package swiftly approved by the president (Jones, Mattiacci, & Braumoeller, 2017). Food insecurity is more likely to trigger violent unrest in vulnerable states like Kenya, than in comparably stronger states (Jones, Mattiacci, & Braumoeller, 2017).
The role of the state is crucial due to its position and ability to apply policy tools to mediate the relationship between weather extremes and violence (Jones, Mattiacci, & Braumoeller, 2017). The likelihood of weather extremes to produce conflict will vary depending on the prior vulnerability of the state (Jones, Mattiacci, & Braumoeller, 2017). State capacity and vulnerability are multifaceted phenomena. Failing to account for the multifaceted nature of state capacity risks omitting potentially crucial dimensions of a state’s ability to avoid and respond to extreme weather events and the increase of food security they amplify (Hendrix, 2010; Jones, Mattiacci, & Braumoeller, 2017).

Governments that are institutionally coherent greatly reduce a state’s vulnerability to food insecurity, because institutional coherence allows states to take advantage of their resources, enabling food insecurity to be addressed more rapidly and more effectively than institutionally incoherent regimes (Adger, 2006; Hegre & Sambanis, 2006). Coherent governments can use a wide range of resources to face threats of food insecurity. For example, democratic regimes may embrace economic intervention packages or redistribution due to their more open and stable political structures that incentivize politicians to respond to the concerns of their vulnerable and impacted citizens (Adger, 2006; Collier & Hoeffler, 2004; Fearon & Laitin, 2003; Hendrix & Haggard, 2015).

The capacity of the state to combat food insecurity will also vary based on the strength of its bureaucratic apparatus which is essential in identifying the sources of unrest, efficiently implementing policies to counter unrest and marshaling the resources to support these policies (Jones, Mattiacci, & Braumoeller, 2017). States that direct a higher level of resources toward government expenditures are likely to possess more competent and efficient bureaucracies that are able to better respond in times of crisis. Wealthier states also have the ability to use their
resources to access international commodity markets to offset domestic production shortfalls in addition to relying on better financed administrative agencies that are able to act quickly in times of crisis (Jones, Mattiacci, & Braumoeller, 2017). Finally, wealthier states have more overall resources for governments to draw from in periods of turmoil (Jones, Mattiacci, & Braumoeller, 2017). High agricultural productivity may also reduce vulnerability as it indicates that more food production is possible with fewer inputs (Jones, Mattiacci, & Braumoeller, 2017).

Greater vulnerability to food insecurity characterized by governments with less institutional coherence, less bureaucratic capacity, and lower revenues will amplify its effects, whereas less vulnerability will mitigate the effects of food insecurity (Jones, Mattiacci, & Braumoeller, 2017). Addressing the vulnerability of states is crucial to breaking the link between food insecurity and civil unrest (Jones, Mattiacci, & Braumoeller, 2017). Vulnerability is a multidimensional phenomenon, thus counteracting climate-induced food scarcity must entail initiatives to stabilize domestic regimes and policies to strengthen their structural resilience (Jones, Mattiacci, & Braumoeller, 2017).

**Threats to Food Security**

The Food and Agriculture Organization (2006), points to four dimensions of food security: food availability, the availability of sufficient quantities of food of appropriate quality, supplied through domestic production or imports; food access, access by individuals to adequate resources for acquiring appropriate foods for a nutritious diet; utilization, utilization of food through adequate diet, clean water, sanitation and health care to reach a state of nutritional well-being where all physiological needs are met; and stability, to be food secure a population, household or individual must have access to adequate food at all times (p.1). Studies demonstrate
and scholars argue that climate related threats to food security have contributed to destabilizing numerous countries in recent decades/years.

A state’s vulnerability to food insecurity is determined by two key features: a state’s capacity to manage and mitigate sudden increases in the threat of food insecurity and the state’s underlying susceptibility to food insecurity (IPCC, 2014a). The Intergovernmental Panel on Climate Change (2014a) defines state vulnerability as including sensitivity or susceptibility to harm and lack of capacity to cope and adapt (p. 5). Susceptibility refers to economic and geographic factors that exacerbate and broaden food insecurity following extreme weather events by causing shortages and extreme price fluctuations (Almond & Powell, 1966). Capacity refers to the ability of a state to respond to and manage sudden increases in food insecurity (Fearon & Laitin, 2003).

State capacity and vulnerability are complex phenomena, with multiple dimensions. Discounting the multifaceted nature of state capacity risks disregarding crucial dimensions of a state’s ability to avoid and respond to extreme weather events and the increase of food insecurity (Jones, Mattiacci, & Braumoeller, 2017). Extreme weather and international food prices are the most significant factors impacting the risk of food insecurity (Buhaug, Gleditsch, & Theisen, 2008). State vulnerability dramatically increases the impact of threats to the local and global food supply and the likelihood of violent unrest (Jones, Mattiacci, & Braumoeller, 2017). Historical accounts catalogue many instances of sudden increases in food insecurity contributing to, or directly producing, violent protests and riots (Jones, Mattiacci, & Braumoeller, 2017). Drivers of these events include food shortages, which decrease food availability, thus impairing the basic ability of individuals to survive (Jones, Mattiacci, & Braumoeller, 2017). Additionally, citizens are more likely to participate in violent demonstrations which, while risky to personal
safety, may be a preferable alternative to not demonstrating and potentially being unable to feed oneself or one’s family (Brinkman & Hendrix, 2011). Individual willingness to participate in violent demonstrations and riots increases in the face of food scarcity because food is a crucial resource for survival (Jones, Mattiacci, & Braumoeller, 2017).

Food insecurity hinders the ability of people to procure food and exacerbates previous existing inequalities in a society between those with relatively easy access to food and those whose ability to procure food is already tenuous (Jones, Mattiacci, & Braumoeller, 2017). This can generate competition and animosity between different social groups and between societal groups and the government (Jones, Mattiacci, & Braumoeller, 2017). Abrupt changes in food availability inevitably amplify existing inequalities and conflicts between and amongst different groups (Jones, Mattiacci, & Braumoeller, 2017). Vulnerability or strength of the state to food insecurity plays a crucial role in moderating food insecurity impacts, which may increase the likelihood of violence (Jones, Mattiacci, & Braumoeller, 2017). When states are especially vulnerable, the ramifications of abrupt increases in food insecurity are likely to be widespread, and grievances are more likely to trigger violence precisely because the state lacks the economic and institutional resilience necessary to address the grievances of its population and deter violence (Adger, 2006).

Abrupt and dramatic reductions in the ability of individuals to access food may result from either domestic or international processes, or both (Jones, Mattiacci, & Braumoeller, 2017). Higher international food prices increase the risk of food insecurity, because high prices make it more burdensome for consumers, particularly those on the margins to purchase food (Raleigh, Choi, & Kniveton, 2015; Smith, 2014). Sudden increases in international prices unexpectedly cause shortages that are difficult for consumers to anticipate and plan for (Jones, Mattiacci, &
Braumoeller, 2017). Food insecurity may also originate from local conditions, most importantly from the effects of weather on food production within a state. Adverse weather conditions, by depressing local crop yields, challenge both producers and consumers of food (Jones, Mattiacci, & Braumoeller, 2017). Extreme precipitation variability contributes to this through flooding, storm events or droughts that can negatively impact agricultural production. Other country specific factors include the level of reliance on agricultural production. Heavy reliance on a domestic agriculture is likely to increase vulnerability because a shock to domestic agricultural production in a state economically centered solely around its own production has the added impact of displacing a substantial number of workers and subsistence farmers due to unemployment (Jones, Mattiacci, & Braumoeller, 2017). Extreme weather also dramatically reduces the ability of individual subsistence farmers to produce enough food for themselves, forcing them into the marketplace (Jones, Mattiacci, & Braumoeller, 2017).

Contradictory studies argue that droughts have a pacifying effect on armed conflict because more water enables mobilization of distinct groups thus allowing them to avoid conflict (Salehyan & Hendrix, 2014). Both particularly dry and wet years, as identified by deviations from the long-term annual mean of precipitation, were found to increase the probability of violent conflict (Salehyan & Hendrix, 2014). Deviations from mean precipitation are associated with major production shortfalls in the agricultural sector (Salehyan & Henrix, 2014). However, other studies counter this argument by affirming that positive changes in rainfall are associated with a decreased likelihood of conflict in the following year (Burke, Miguel, Satyanath, Dykema, & Lobell, 2009; Buhaug, Benjaminsen, Sjaastad, & Theisen, 2015; Hendrix & Glaser, 2007; Riha, Wilks, & Simoen, 1996). While other studies argue that both extreme drought conditions and extremely wet conditions are conducive to communal violence (Raleigh & Kniveton, 2012).
Authors largely conclude that deviations from normal precipitation and mild temperature patterns systematically increase the risk of conflict, often considerably (Hsiang, Burke, & Miguel, 2013).

Food insecurity has been shown to produce new grievances and exacerbate existing ones between domestic groups and between domestic groups and the government, as well as negatively affect both producers and consumers (Jones, Mattiacci, & Braumoeller, 2017). There are two main channels through which sudden increases in food insecurity contribute or directly produce violent protests and riots: decreasing food availability and highlighting differing food entitlements of societal groups (Adger, 2006; Sen, 1981). Increasing food insecurity clearly increases the likelihood of violent unrest.

Water Security

Water plays a fundamental role in sustaining and supporting life, a healthy environment, and human well-being, therefore the quality and availability of water attracts international attention. Water can only be replenished at costs beyond what many water-stressed countries can afford. Thus, unlike other resources, such as energy and food, natural water resources are essentially unsubstitutable and irreplaceable. Conflict over this crucial resource stems primarily from issues of availability to meet competing needs. In the coming decades, this will be exacerbated due to projections of an increasing imbalance between supply and demand for water in the future. The 2030 Water Resources Group (2009) forecasts a gap of 40 percent between global water requirements and accessible, reliable water supply by 2020. This model contains uncertainties due to changes in land use patterns, population growth, changing dietary patterns, rapid urbanization, and economic development, all of which tend to increase the need for water. These factors would thus exacerbate competition over the vital resource.
Wolf (2007) notes, “There are 263 rivers around the world that cross the boundaries of two or more nations,” thus this necessary resource is intrinsically transnational (p. 245). These river basins are home to 40 percent of the world’s population and make up some part of 145 countries (Wolf, Natharius, Danielson, Ward, & Pender, 1999). Furthermore, 2 billion people worldwide depend on groundwater, which includes an estimated 300 transboundary aquifer systems (United Nations Water Annual Report, 2008). Many countries depend on water sources that must be shared – an invitation for conflict. Even in the absence of aggravated conditions, this resource is evidently contentious.

Climate change is projected to affect water supplies in varied ways across regions. Dry areas are expected to get drier and wet areas wetter. Noticeable shifts in precipitation frequency and distribution have already taken place in the past several decades. Current desert areas are projected to experience a 5 to 10 percent reduction in precipitation for each degree of global warming (United Nations Water, 2008). Warmer temperatures cause more evaporation, thus less refilling of water tables. On the other end of the spectrum, warmer air holds more moisture leading to an increase in the intensity of precipitation in some regions, which can lead to flooding. Climate change’s impacts on water supply, combined with significant human impacts on supply and demand, could lead to tensions and conflicts in the future (Steinbruner, Stern, & Husbands, 2013).

Extensive literature exists cataloging water disputes that date back to 3,000 BCE. It is widely recognized that water scarcity can be a direct source of national or international unrest (Cooley, 1984; Starr, 1991; Bulloch & Darwish, 1993; Homer-Dixon, 1994; Remans, 1995; Amery, 2002). More commonly, major reports note that conflicts arising over water often lead to internal unrest in addition to the increasing risk of war between nations. A framework of
overlapping categories for water-driven conflict can be used to assess vulnerability is included in Appendix A. The National Research Council (2012) indicates that changes in the availability of water resources may play an increasing role in political tensions, especially if existing water management institutions do not evolve to take better account of social, economic, and ecological complexities.

**Methods**

Index creation consisted of two primary tasks. The first of these tasks was selecting what countries to focus on for analysis. The second of these tasks was selecting the variables by which countries would be analyzed. These tasks were both crucial in creation of the final index demonstrating climate-driven vulnerability to social unrest.

**Country Selection**

The countries chosen for the index were selected through a process beginning with the United Nations designated Least Developed Countries (LDCs) list that was then cross-listed with the top one hundred countries most vulnerable to climate change risks according to the Germanwatch Global Climate Risk Analysis report.

The United Nations list of LDCs consists of 47 countries (as of June 2017) that exhibit the lowest indicators of socioeconomic development according to specific criteria. The process of LDC identification is conducted by The UN Committee for Development Policy mandated by the General Assembly and the Economic and Social Council of the United Nations. These bodies review the list of LDCs every three years to make “recommendations on the inclusion and graduation of eligible countries” (LDC Identification Criteria & Indicators, United Nations).

Three critical criteria are used to identify eligible countries: income, human assets and economic vulnerability. The United Nations Development Policy & Analysis Division defines
and justifies why these three criteria are used to identify Least Developed Countries. The first criterion, income, is based on Gross National Income (GNI) on a per capita basis and is utilized because it “provides information on the income status and the overall level of resources available to a country” (LDC Identification Criteria & Indicators, United Nations). The World Bank classifies low-income countries as being below a three-year average threshold of U.S. $1,025 GNI per capita. GNI is calculated, “from national accounts data converted into USD using the World Bank Atlas method to reduce impact of short-term exchange rate fluctuations” (LDC Identification Criteria & Indicators, United Nations). The per capita GNI is then derived from this calculation by dividing it by the population of a country in the year of GNI measurement. Using information from its National Accounts Main Aggregates Database, the United Nations Statistics Division performs these calculations. Population data are taken from the United Nations Population Division.

The second criterion used to identify Least Developed Countries is a country’s Human Assets Index (HAI). The Human Assets Index is a measure of human capital. It is noted by the LDC Identification Criteria and Indicators body of the United Nations (2018) that “low levels of human assets indicate major structural impediments to sustainable development.” Lower HAI scores represent lower development of human capital within a country. The U.N. Committee for Development Policy has established the threshold score of sixty to determine inclusion on the Least Developed Country list with countries below that level included. Five weighted indicators are grouped into health and education sub-indices and these together determine the Human Assets Index. The Health Index is composed of: mortality rate for under five year olds, percentage of population undernourished and maternal mortality rate. The Education Index is comprised of: gross secondary school enrolment ratio and adult literacy rate.
The final criterion used to identify Least Developed Countries is the Economic Vulnerability Index (EVI). The Economic Vulnerability Index is a measure of “structural vulnerability to economic and environmental shocks” (LDC Identification Criteria & Indicators, United Nations). High vulnerability indicates major structural impediments to sustainable development and therefore higher economic vulnerability. The U.N. Committee for Development Policy has indicated a threshold of 36 for inclusion on the Least Developed Country list. The EVI is composed of two indicators grouped into eight sub-indices. First is the “exposure” sub-index, which is comprised of the “size” sub-index which focuses on population; the “location” sub-index which measures remoteness; the “economic structure” sub-index which is comprised of merchandise export concentration and share of agriculture, hunting, forestry, and fishing in GDP, and the “environment” sub-index which is composed of the share of the population in low elevation coastal zones. The “shock” sub-index is composed of two sub-indices, the “trade shock” sub-index, which is composed of instability of exports of goods and services, and the “natural shock” sub-index, which is composed of the number of victims of natural disasters and the instability of agricultural production.

The Least Developed Countries were chosen as the initial list of countries for analysis because they have exhibited prior vulnerabilities that can be attributed to weak human and institutional capacities, low and unequally distributed income, and scarcity of domestic financial resources (United Nations Office of the High Representative for the Least Developed Countries, 2018). These countries often suffer from governance crises, political instability and internal and external conflicts in addition to being highly vulnerable to external shocks (United Nations Office of the High Representative for the Least Developed Countries, 2018). Further, these countries represent the poorest and weakest segment of the international community while
representing 12 percent of the world population, or 880 million people (United Nations Office of the High Representative for the Least Developed Countries, 2018).

Despite the otherwise comprehensive nature of the classification of the Least Developed Countries, minimal attention is given to vulnerability to risks from climate change. Because of this, the LDCs were cross-listed with the Germanwatch Global Climate Risk Index countries to create a list that comprehensively identified vulnerability from multiple internal and external stressors.

Germanwatch is a non-profit, non-governmental organization that produces an annual report that analyzes the extent to which countries have been affected by the impacts of weather-related loss events (Eckstein, Kunzel, & Schafer, 2017). The Germanwatch Global Climate Risk Index was chosen as the most reputable source to identify countries that face risks associated with climate change because it is backed by the United Nations. The information collected by Munich Reinsurance Company through its NatCatSERVICE program serves as the basis for the Global Climate Risk Index analysis. “For the countries of the world, Munich Re collects the number of total losses caused by weather events, the number of deaths, the insured damages and the total economic damages” (Eckstein, Kunzel, & Schafer, 2017 p. 19).

The following indicators were used for the Global Climate Risk Index: number of deaths, number of deaths per 100,000 inhabitants, sum of losses in US$ in purchasing power parity (PPP) and losses per unit of Gross Domestic Product (Eckstein, Kunzel, & Schafer, 2017). International Monetary Fund data contributed to economic and population data used for indicators two through four. The Climate Risk Index is based on figures from 1997-2016 whereby each country’s average ranking in all four weighted categories was used to determine
final rankings. Weighting is as follows: death toll, 1/6; deaths per 100,000 inhabitants, 1/3; absolute losses in PPP, 1/6; losses per GDP unit, 1/3 (Eckstein, Kunzel, & Schafer, 2017).

Although the Germanwatch Global Climate Risk Index analyzes previously identifiable hazards, it has implications for future climate risks as well. The CRI “does not allow for an exact measurement of vulnerability, [but] it can be seen as at least an indication or pattern of vulnerability” (Eckstein, Kunzel, & Schafer, 2017 p. 20). Additionally, the historical existence of many dramatic climate events in a given country may demonstrate a higher vulnerability to future events. Countries were selected for this analysis was selected if they met the following criteria – they were found on both the Least Developed Countries list and in the top one hundred countries on the Climate Risk Index. These countries are as follows: Bangladesh, Burundi, Cambodia, Djibouti, Ethiopia, Haiti, Lao People’s Democratic Republic (Lao PDR), Madagascar, Malawi, Mauritania, Mozambique, Myanmar, Nepal, Niger, Solomon Islands, Sudan, Uganda and Vanuatu.

Variable Selection

The variables selected for inclusion in the vulnerability to social unrest index were categorized based on the methodology used in the paper Vulnerability of national economies to the impacts of climate change on fisheries (Allison et al., 2011). Vulnerability is defined as a function of “…extrinsic exposure of groups or individuals or ecological systems to a hazard, such as climate change, their intrinsic sensitivity to the hazard, and their lack of capacity to modify exposure to, absorb, and recover from losses stemming from the hazard...” (Allison et al., 2011 p. 175; Adger et al., 2005; Brooks et al., 2005; Smit & Wandel, 2006). Allison and colleagues distinguish three components of vulnerability: “exposure to physical effects of climate change, the degree of intrinsic sensitivity of the natural resource system or dependence
of the national economy upon social and economic returns from that sector and the extent to which adaptive capacity enables these potential impacts to be offset” (Allison et al., 2011 p. 175; IPCC, 2001). These components can be simplified as “exposure,” “sensitivity” and “adaptive capacity,” as I will refer to them throughout this paper. Exposure for a particular country is demonstrated – as noted earlier – by selecting those countries appearing on the Least Developed Country list that also fall into the top one hundred most vulnerable to climate risk as denoted by the Germanwatch Global Climate Risk Index. Eleven factors were then selected from the literature to represent sensitivity and adaptive capacity to social unrest in the face of exposure to climate risks (Table 1). Each factor chosen is represented by a statistical variable that is used to create an index of sensitivity and adaptive capacity that each country faces along a uniform standard, allowing comparison between countries.

**Sensitivity**

Sensitivity is defined by the Intergovernmental Panel on Climate Change (2001) as “the degree to which a system is affected, either adversely or beneficially, by climate-related stimuli” (p. 877). For this analysis, sensitivity is evaluated somewhat differently due to the complex ecological and human causes of social unrest provoked by climate change. In this paper, sensitivity refers to an aspect of in-country vulnerability to potential social unrest due to climatic events. Based on the literature, the factors considered most relevant for assessing sensitivity are listed below. Unless otherwise noted, all data were taken from the most recent year available.

1.1 Food Supply Variability

Food shortages around the world have occurred due to impacts from various weather discrepancies including El Niño. Millions now face the threat of famine due to the cycle of drought, armed conflict, civil unrest and destroyed harvests. Addressing issues of climate
adaptation, particularly with regards to impacts on agriculture, are crucial for preventing further unrest and food insecurity. Drought has caused vulnerability to famine and food scarcity among many populations that are already facing high levels of poverty. Climate change impacts have decimated harvests in many parts of the world in recent years and this has been widely reported to be a leading cause of increased conflict and civil unrest (Food and Agriculture Organization, 2018). The catalyst for this conflict is often the mass migrations of rural populations to cities as they seek hope of survival. Studies indicate a preponderance of these populations end up in the streets as beggars or in prostitution. Some families have fled to neighboring countries for survival and that has exacerbated transnational tensions.

*Food supply variability* results from a combination of factors including government instability and responsiveness to production, trade, consumption and storage concerns in addition to changes in government policies such as trade restrictions, taxes and subsidies. The Food and Agricultural Organization calculates the national estimate of total food supply using data from government agencies, marketing authorities and industrial/manufacturing surveys (Food and Agriculture Organization, 2001).

In this index, *food supply variability* will be represented by per capita food supply variability (kcal/capita/day) provided by the Food and Agriculture Organization. To denote variability correctly, the lowest *food supply variability* value catalogued by FAOSTAT was subtracted from the highest.

1.2 Arable Land

*Arable land* is defined by the U.N. Food and Agriculture Organization (2016) as land under temporary crops, temporary meadows for moving or for pasture, land under market or kitchen gardens, and land temporarily fallow. Food insecurity has been linked to outbreaks of
social unrest in many past and ongoing instances. Conflict is common when shared resources are put under pressure by outside factors such as climate change. This increases competition for control of important resources utilized for food production, most notably land and water (Bora et al., 2010). Variables such as deviation from typical climate and price volatility are two common stressors that may lead to civil unrest or worsening conflict (Bora et al., 2010). Often countries under the greatest stress have the least capability to respond. For example, countries with large rural populations and poorer countries often are more dependent on indigenous agriculture for both food and livelihood (Bora et al., 2010). Unsurprisingly, agriculture has been shown to be extremely vulnerable to climate change. Higher temperatures and more erratic rainfall patterns reduce yield, encourage weed and pest proliferation and increase the likelihood of short-run crop failures and long-run production declines (Bora et al., 2011). Prices in local markets often become volatile if local supply becomes more variable through climate change impacts.

Countries that produce their own commodities may be at risk for domestic production shocks due to climate change. In this index, *arable land* will be represented by agricultural area in each country as calculated by the Food and Agricultural Organization. This number will then be divided by the population of each country to calculate *arable land* per capita.

1.3 Reliance on Imports

Dramatic fluctuations in food prices and agricultural productivity due to impacts from climate change will often heavily affect countries that are highly reliant on imports to meet domestic needs for food (Food and Agriculture Organization, 2014). Many of the countries that rely predominantly on imports are those in the developing world. The global food crisis of 2007-2008 demonstrates how natural disasters can affect international food prices. In 2007, food prices on international markets increased by 23% compared to the previous year (Ching-Hsien et al.,
2017). Because of shortages, the world’s major exporting countries chose to impose restrictions, therefore crippling food supply in countries dependent on imports to meet domestic demand. Drought, precipitation variability, natural disasters and other climate change impacts will only aggravate fluctuations in food prices in the future (Food and Agriculture Administration, 2014). In the face of a fluctuating global market, food secure countries will be less dependent on volatile international markets. When food is imported due to insufficient domestic production, countries become overly dependent on outside sources to feed their populations. Collier (2000) states, “a country that is heavily dependent upon primary commodity exports with a quarter of its national income going to them, has a risk of conflict four times greater than one without primarily commodity exports” (p. 6).

Price volatility caused by climate stressors may also contribute to outbreaks of unrest. Unrest sparked by price volatility has occurred not only in countries with low performance indicators in governance, but also in countries with relatively high governance performance indicators (von Braun, 2008). Volatile prices lead to food insecurity that can, in turn, lead to conflict. Future global prices for major food staples including maize, wheat and rice are extremely uncertain due to volatile sources and variable supply due to increasing climate change impacts. “The country impact of global food price volatility is conditioned by the trade status of countries, net food importers generally lose from higher prices, net exporters generally gain” (Bora et al., 2010 p. 5; Zaman et al., 2008; Ivanic & Martin, 2008). Higher global prices mean larger import costs for countries that already are at risk for instability due to lack of food.

Reliance on imports is represented in the index by each country's value of food imports over total merchandise exports as a percentage of the most recent three-year average as calculated by the Food and Agriculture Organization. This indicator “captures the adequacy of
foreign exchange reserves to pay for food imports, which has implications for national food security depending on production and trade patterns” (Land Portal, 2018).

1.4 Political Stability

The *political stability and absence of violence/terrorism* variable measures perceptions of the likelihood of political instability or politically motivated violence, including terrorism (FAOSTAT, 2016). This measurement was calculated by the World Bank for the Worldwide Governance Indicators project. Political stability within a nation may indicate how a country copes with external stressors such as climate change. Coping, response and recovery after a disruptive event is one of the keys to avoiding lasting social unrest. *Political stability and the absence of violence/terrorism* within a country often speaks to the quality of governance in that nation and the ability of governmental services to provide structures which support a country’s human needs. Additionally, prior violence and terrorism indicates that there are preexisting tensions that may erupt in the future due to external pressures associated with climate change. *Political stability and absence of violence/terrorism* here is represented by an index that ranges from -2.5 to +2.5 with -2.5 representing weak political stability and +2.5 representing strong political stability. It is developed using individual variables from multiple data sources, which are listed in Table 2.

1.5 Control of Corruption

*Control of corruption* reflects the extent to which public power is exercised for private gain, including both petty and grand forms of corruption, as well as "capture" of the state by elites and private interests (World Bank, 2018). This measurement was calculated by the World Bank for the Worldwide Governance Indicators project. It is formulated using individual variables from multiple data sources, which are listed in Table 3. Corruption can weaken public
financial management and increase poverty because government expenditure typically favors the rich and well connected. Funds earmarked for public institutions providing a safety net may be used instead to pad the pockets of those in control. Corruption within a government may also point to other negative qualities within a regime that hinder response to stressful climatic events and therefore increase the likelihood of social unrest. Qualities that corrupt governments generally do not employ such as transparency, integrity and collaboration are crucial to governmental flexibility that will be necessary in the face of climatic variation and adaptation.

*Control of corruption* was chosen for this index because it allows for the measurement of the integrity, transparency and overall quality of governance in each country. The physical effects of climate change will increase resource stress and conflict over these resources. Citizens living in corrupt countries are more likely to engage in activities associated with social unrest such as protesting, rioting, looting, etc. stemming from climate events, because corrupt governments are less suited to developing long term solutions requiring ambitious and efficient management strategies. Additionally, in corrupt countries, resilience strategies may only focus on those who are well connected and wealthy, thus leading to resentment that could degrade into conflict (Transparency International, 2011). *Control of corruption* is measured in an index from -2.5 to +2.5 with -2.5 representing weak control of corruption and +2.5 representing strong control of corruption. It is developed using individual variables from multiple data sources, which are listed in Table 3.

1.6 Income Inequality

In this index, *income inequality* is represented using the Gini index. The Gini index measures the degree of inequality in the wealth distribution of a nation's residents. The Gini index is the most commonly used measure of wealth inequality. The coefficient score for each
country is a single number aimed at measuring how far a country’s wealth distribution deviates from the totally equal distribution of productivity. A country with perfect equality across the population would receive a Gini score of 0 while a country with perfect inequality would receive a score of 100. The global leader is currently Finland with a score of 21.5.

Income inequality represented by the Gini coefficient was chosen for this index because inequality in societies may make them more sensitive to social unrest caused by climate change impacts. Inequality may indicate the level of opportunity or difficulty for citizens to advance their position with regards to jobs and resources such as housing and education. Additionally, those who are underprivileged in countries that have high levels of inequality may be more likely to engage in behavior that will lead to social unrest due to the perceived lack of available social strata for them to advance their status. Climate change will place stress on resources within countries and those who are less privileged will likely experience differentiated access to them in comparison to those who are better off in society. Inequality on its own has a high potential to cause social unrest, however in the face of climate stress it is even more likely. The Gini coefficient of a country displays the level of inequality present today, and thus the susceptibility of a country to social unrest in concert with the additive climate change stressors.

1.7 Previous Political or Ethnic Strife

Previous political or ethnic strife is characterized by the likelihood for political instability and/or politically motivated violence, including terrorism (The World Bank, 2016). Preexisting political and socio-economic conditions play a significant role in predicting the extent to which outside stressors can be destabilizing in a country. For example, resource grievances can be exploited by groups with a desire to cause conflict (Pinstrup-Andersen & Shimokawa, 2008). Extant ethnic conflict and political strife have deep-seated structural causes and can lead to
future tensions. These deep-seated divides may prime countries for conflict when external stressors like climate change put additional pressure on these countries. This affects the sensitivity of a country to social unrest instigated by climatic pressures. In many areas, climate change will cause weather variability that may lead to crop failures or destructive floods that will put resource strains on groups that may already experience competition for resources and ethnic strife.

*Previous political and ethnic strife* was chosen for this index because of its value in indicating prior instability in a country independent of the added impacts of future climate change. In the future, instability in countries will be exacerbated by climate-related events and countries that have existing political or ethnic strife will be more sensitive to these impacts. Previous political or ethnic strife is measured in an index from -2.5 to +2.5 with -2.5 representing weak previous political or ethnic strife and +2.5 representing strong previous political or ethnic strife.

1.8 Human Development

The *Human Development Index* was created as an alternate measure for assessing the development of a country that does not rely solely on economic evaluation. It measures the average achievement in three categories using the geometric mean of normalized indices for each dimension. The dimensions are: a long and healthy life, being knowledgeable and standard of living. The “long and healthy life” category is comprised of a single indicator: life expectancy at birth. Knowledge is comprised of two indicators: expected years of schooling and mean years of schooling. Standard of living is comprised of GNI per capita (PPP $). Each dimension is simplified and represented using a dimension index. The dimension indices are as follows: life expectancy index, education index and GNI index. A country receives a high *Human*
Development score when the key indicators – education, lifespan and GDP per capita – are higher. The Human Development score, combining these three important indices, communicates well-being in a given country. Central to this idea is the concept of the capability for citizens within a country to reach their full human potential. The creators of the Human Development Index selected the categories of health, knowledge and standard of living to represent the basic capabilities valued by everyone.

The Human Development Index was included in this index based on its representation of social development in countries. The level of social development in countries may indicate how sensitive they are to extrinsic stressors or hazards such as climate change. Literature indicates that countries with low social development and human potential may be less resilient, with recovery from climactic events more difficult. “Developing countries, and more specifically poor countries, bear the main human burden of climate related extreme events” (Carvajal, 2018 p. 4). Multiple countries face climate risks, however the level of vulnerability is skewed depending on factors including the Human Development Index score. Countries receive a score from 0-1, with 1 representing high human development.

Adaptive Capacity

Adaptive capacity is defined by the Intergovernmental Panel on Climate Change (2001) as “the potential or capability of a system to adapt to (to alter to better suit) climatic stimuli or their effects or impacts” (p. 894). The literature indicates that social capital, human capital and governance structures are often key indicators of adaptive capacity (Haddad, 2005; Yohe et al., 2006; Tol & Yohe, 2007; Vincent, 2007). In this analysis, adaptive capacity is a crucial component when investigating social unrest in the face of climate change because the significance of such events depends on the characteristics of the society exposed to them.
(Auspel, 1991; Rayner & Malone, 1998; Munasinghe, 2000). Countless examples exist in the literature that catalogue similar hazardous events occurring at different times, but having vastly different outcomes due to societal transformations that have occurred between the events (IPCC, 2001 p. 895). For example, “…rainfall and temperature fluctuations in western Europe have far milder effects on human well-being today (society is generally less vulnerable) than they did in the medieval and early modern periods, essentially as a result of enhanced adaptive capacity that reflects changes in practice, economics, and government programs” (IPCC, 2001 p. 895; Abel, 1976; De Vries, 1977; Rayner & Malone, 1998). Currently, the most notable difference in adaptive capacity to climate events or hazards is between developing and developed countries due to differences in coping ability (Rayner & Malone, 1998; Burton et al., 1993). Magalhaes (1996) notes, “any extreme climatic event can become a social catastrophe when combined with the social-political characteristics of the region, for example, the droughts and internecine wars in Ethiopia interact to increase the adverse effects on both” (p. 48). The degree of adaptive capacity varies greatly between regions and therefore is an important aspect in the study of vulnerability to social unrest in the face of climate change. The factors considered most relevant to adaptive capacity based on the literature are listed below. Unless otherwise noted, all data were taken from the most recent year available.

2.1 Agricultural Productivity

*Agricultural productivity* is one dimension of food security. Food security as previously defined is: food availability, that is the availability of sufficient quantities of food of appropriate quality supplied through domestic production or imports; food access, meaning access by individuals to adequate resources for acquiring appropriate foods for a nutritious diet; utilization, meaning the utilization of food through adequate diet, clean water, sanitation and healthcare so
that populations reach a state of nutritional well-being where all physiological needs are met; and stability, meaning that a population, household or individual must have access to adequate food at all times (Food and Agriculture Organization, 2006). Studies demonstrate and scholars argue that climate-related threats to food security have contributed to the destabilization of numerous countries in recent decades/years.

*Agricultural productivity* is one of several indicators selected in this paper to represent country-level food security. According to the Food and Agriculture Organization (2017) and the Intergovernmental Panel on Climate Change (2014b), climate change has influenced global food production and resulted in severe food supply shortages in some regions. Under the effect of climate change, global food production fluctuation and uncertainty will increase (Ching-Hsien et al., 2018). As climate change advances, there may be occurrences when food production is unable to meet the demands of populations, thus food distribution will become more competitive and lead to conflict (Rice & Garcia, 2011). Gross Agricultural Production will represent *agricultural productivity* in this index. Gross Agricultural Production is comprised of total harvest, produce of perennial and ornamental plants, value of growing new orchards and berry plantations, livestock and poultry farming and animal produce at current producer prices over a calendar year as calculated by the Food and Agriculture Administration (Food and Agriculture Organization, 2016).

2.2 Government Effectiveness

*Government effectiveness* reflects perceptions of the quality of public services, the quality of the civil service and the degree of its independence from political pressures, the quality of policy formulation and implementation, and the credibility of the government's commitment to such policies (The World Bank, 2016). Vallings and Moreno-Torres (2005) argue, “the central
driver of fragility is weak state institutions” (p.7). Poor areas are not necessarily fragile, however fragility can occur when poverty or economic decline are combined with weak state institutions. The primary reason for this is that states with weak institutions cannot properly or successfully manage challenges caused by outside stressors, for example climate change. The Food and Agriculture Organization (2008) echoes this argument, stating, “structural factors – such as failed institutions and conflicts over land and resources – are at the root cause of most protracted crises”.

Government effectiveness was chosen for this index because weak institutions demonstrate clear vulnerabilities to social unrest in the face of climate impacts. This measurement was calculated by the World Bank for the Worldwide Governance Indicators project. It is measured with an index from -2.5 to +2.5 with -2.5 representing weak government effectiveness and +2.5 representing strong government effectiveness. It is developed using individual variables from multiple data sources, which are listed in Table 4.

2.3 Regulatory Quality

*Regulatory quality* reflects the ability of the government to formulate and implement sound policies and regulations that permit and promote private sector development (The World Bank, 2016). This measurement was calculated by the World Bank for the Worldwide Governance Indicators project. It is formulated using individual variables from multiple data sources. The individual variables are listed in Table 5. The Worldwide Governance Indicators were created in recognition of the link between good governance and successful development. Countries that have good governance structures are more likely able to prepare and react to external stresses through policy formulations/changes/adaptations. One example of how good
governance accomplishes this is through adjusting regulatory systems to make them more responsive and efficient in times of crisis.

*Regulatory quality* was chosen for this index because it may demonstrate a country’s ability to react to climatic events through government resilience leading to a reduced likelihood of social unrest. Countries with good governance often are at a lower risk for social unrest or conflicts, while bad governance often coincides with countries that are less developed and are more at risk. Regulatory quality is measured in an index from -2.5 to +2.5 with -2.5 representing weak regulatory quality and +2.5 representing strong regulatory quality.

**Results**

Subsequent to factor, variable and country selection, raw data was aggregated into a single table titled “raw data,” to more easily rank countries against each other (Table 6). Each country was then assigned a number, one through eighteen, representing their rank in each variable category with one being the worst. For example, one represents the country with the greatest food supply variability and eighteen represents the country with the least. An additional table was created to display each country ranked for every factor (Table 7). These rankings were summed for each country and this number formed the basis for a comprehensive table displaying the final rankings for each country with the ranks for all individual factors summed (Table 8). A correlation matrix was then created using raw data for each country (Table 9). The correlation matrix measured the association between the two variables chosen for the analysis. This process was conducted to determine whether any of the two variables chosen for the analysis could be combined because of their similarity. A strong correlation between two variables indicates that they are strongly related therefore the inclusion of both is potentially repetitive.
Correlation coefficients are strongest when they are close to 1 and weak when they are closer to 0 with -1 indicating a negative correlation. In this analysis, a correlation coefficient of 0.5 or higher was considered strong enough to report. The correlation coefficient for two factors – previous political and ethnic strife and political stability – was 0.961 (Figure 1). This demonstrates that these two factors are very closely related and could be combined when conducting further analysis.

The correlation coefficient for previous political and ethnic strife and political stability was the strongest correlation coefficient calculated in the matrix. However, three additional correlation coefficients were above 0.5 and therefore were moderately correlated. Human development and previous political and ethnic strife displayed a correlation coefficient of 0.546 (Figure 2). Regulatory quality and previous political and ethnic strife displayed a correlation coefficient of 0.502 (Figure 3). Regulatory quality and government effectiveness displayed a correlation coefficient of 0.567 (Figure 4). However, previous political and ethnic strife and political stability are the sole factors with a correlation coefficient high enough to consider combining measurements in future analysis. Income inequality and government effectiveness displayed a correlation coefficient of -0.683, which indicates as strong negative correlation (Figure 5). In practice this means that as government effectiveness decreases, income inequality increases or visa versa. However it is worth noting that after further analysis, one data point appeared to be an outlier and was skewing the data. After this data point was removed the correlation coefficient was -0.25. This data point was Haiti, as it received an extremely low score in government effectiveness and income inequality, -2.06 with -2.5 indicating weak government effectiveness and 60.8 with 100 indicating the most income inequality.
The final country ranking represents which countries are in theory most vulnerable to social unrest in the face of climate risk. Four evaluated countries received scores under 100, meaning they ranked as some of the lowest scoring countries for individual variable rankings. These are: Burundi, Haiti, Sudan and Djibouti. Further analysis of why these countries received the lowest rankings can be conducted by looking at individual ranks received in each variable category. Burundi, the lowest ranking country of the four, ranked in the top ten countries in every category, meaning it had poor outcomes across the board. However, Djibouti had the worst outcomes in agricultural land per capita, reliance on imports and gross agricultural production, but did not perform nearly as poorly in key governance indicators including political stability, corruption and regulatory quality. Haiti also was ranked one of the top ten countries in every category, meaning it performed poorly across the board. Sudan, like Djibouti, showed more variability in individual factor rankings. It ranked within the top ten countries for every factor besides agricultural land per capita, inequality and gross agricultural production, where outcomes seemed more promising. Further, it is notable that Sudan received poorest ranking in key governance indicators including political stability, corruption, previous political and ethnic strife, and regulatory quality and was also ranked second worst in effective governance.

Discussion

Based on the analysis herein, it is clear that countries ranked poorly for several different reasons. Certain countries rank low because they performed poorly in limited categories, while some rank low because they are below average in most categories. Burundi, Haiti, Sudan and Djibouti received the worst rankings overall, however they can be grouped into two subtypes. Burundi and Haiti received low scores across the board and were more at risk for social unrest due to climate change than Djibouti and Sudan, who displayed relatively low scores for a subset
of variables and not for others. Sudan scored very poorly in variables related to governance, but not food security, while Djibouti scored poorly in variables related to food security, but not governance. Further analysis of the data could provide additional insights into whether individual categories are more causative than others.

The literature clearly makes the connection between variables associated with poor governance and instances of social unrest due to climate events. Governance, institutions and social capital – including the level of public spending, the quality of the public health infrastructure, access to healthcare, the transparency and legitimacy of governing institutions, the presence of social networks and the level of social cohesion all influence the coping, response and recovery capacities following climatic events and thus are likely to contribute to a country’s vulnerability to social unrest from such events (Adger, 2003, 2006; Adger, Arnell, & Tompkins, 2005; Adger et al. 2009; Brooks, Adger, & Kelley, 2005; O’Brien, Hayward, & Berkes, 2009; Termeer, Biesbroek, & Van Den Brink, 2012; Wamsler & Lawson, 2012). Further, Vallings and Moreno-Torres (2005) argue that weak state institutions are the central driver of fragility because they cannot manage popular grievances associated with inequitable distribution of resources. The Food and Agriculture Organization (2008) further confirms that structural factors associated with governance institutions, land and resources are the root cause of most unrest. Therefore it is not surprising that that countries with poor governance indicators are more susceptible to unrest.

Vulnerability to climate impact related social unrest is clearly influenced by the presence of political or ethnic strife previously afflicting a region. Infrastructure and complex institutions may have already been weakened by conflict and when a climactic event occurs, those institutions and elements of infrastructure may be less resilient and thus unprepared to respond to events (Barnett, 2006; Barnett & Adger, 2007; Brklacich, Chazan, & Bohle, 2010). Therefore, it
stands to reason that countries scoring low in key governance indicators – due to previously weakened institutions – would be at risk for social unrest due to climate impacts.

In the case of Djibouti, the literature’s identification of the challenges due to the country receiving lower ranks in key food security variables including agricultural land per capita and gross agricultural production cannot be overstated. The key dimensions of food security are: availability, the availability of sufficient quantities of appropriate quality; access, access by individuals to adequate resources for acquiring appropriate food for a nutritious diet on a regular basis; utilization, utilization of food through adequate diet, clean water, sanitation and health care to reach a nutritional well-being where all physiological needs are met; stability, a population, household or individual must have access to food at all times and should not risk losing access as a consequence of sudden shocks or cyclical events (Bora et al., 2010 p.2).

Food insecurity may result from complications, which prevent a population from securing any of the needs listed above, however the aspect of stability is most commonly associated with outbreaks of social unrest or more severe forms of conflict (Bora et al., 2010). Often, external stressors like climate change can interfere with multiple aspects of food security simultaneously. These stressors can in turn, lead to conflict (Bora et al., 2010). In relation to the conducted analysis, Djibouti received a low ranking in the inequality category. Pinstrup-Anderson and Shimokawa (2008), emphasize that unequal distribution of income within a country in concert with poverty, hunger and food insecurity, “provide a fertile ground for grievances that can be exploited by individuals and groups with a desire to cause conflict” (Bora et al., 2010 p.3).

All but one of the most poorly ranked countries – Sudan – received an individual score in the income inequality category that was above ten. Sudan scored 14, while Burundi,
Haiti and Djibouti all displayed poor outcomes in this measurement. Additionally, Burundi, Haiti and Sudan ranked in the top ten most corrupt countries in their individual scores for the corruption category. According to the literature, it is clear that climate change will exacerbate growing competition for crucial resources like land and water due to desertification, salinization, soil erosion and deforestation. The literature tells us that this competition will undoubtedly lead to increased conflict. In countries where corruption and inequality are abundant, social unrest may occur because foreign and domestic government actors and wealthy private actors are buying up land to secure their own long-term food security. For example, “in Madagascar, discontent with a land deal between the government and a foreign private corporation was a factor in the coup that led to the ouster of the president” (Bora et al., 2010 p.4). Deals of this sort are more likely in countries with corruption and inequality.

Messer and Cohen (2006) further emphasize the impact of inequality on conflict potential, noting that the potential is higher when inequalities or environmental degradation lead to extreme marginalization of large segments of the population. Bora et al. (2010) identify three categories of triggers that may induce unrest in the face of inequality: natural, economic and political. Natural triggers include climate change related events encompassing drought and overall variability as seen in Ethiopia in 1973-1974 (Shepherd, 1975). Economic triggers include price volatility in crops as was seen in Haiti and Rwanda when the principal crop and cash crops suffered a big rise in price that deprived the populations of their previous standard of living (Urvin, 1996). Lastly, political triggers include issues of bad governance such as the denial of access to land or social welfare programs as was noted earlier with Madagascar and land access.

There are countless agricultural trends associated with poor governance that may exacerbate social unrest when a country is faced with the external pressure of climate change.
For example, one of the variables chosen as an aspect of food insecurity, *food supply variability* has many security implications. It is clear that price volatility exacerbated by climate change creates conditions that put countries at risk for unrest. Zaman et al. (2008) point to the years 2006 to 2008 when global wheat prices almost doubled and rice prices almost tripled, leading to a surge in domestic prices that instigated strikes, protests and riots in more than 60 countries. Even more relevant to the analysis in this paper, most of this unrest occurred in countries that had low performance indicators in governance (von Braun, 2008). Further, Least Developed Countries are at increased risk for this because most fragile countries are net consumers and therefore are more susceptible to higher global prices due to volatility caused by climate change which directly lead to greater import costs (Bora et al., 2010).

It is also important to note that ten out of the eighteen countries in this analysis are in Africa, with nine out of those ten in Sub-Saharan Africa. A significant body of research exists showing the detrimental effect of climate change on Africa and Sub-Saharan Africa in particular, in addition to social unrest associated with this change. Schlenker and Lobell (2010) combined historical crop production and weather data with future estimates, comparing 1961-2002 relative to 2046-2065 to estimate the yield response to climate change for five key African crops: maize, sorghum, millet, groundnut and cassava. “In all cases except cassava, there is a 95 percent probability that yield declines exceed 7 percent, and a 5 percent probability that they exceed 27 percent” (Bora et al., 2010 p. 6; Schlenker & Lobell, 2010). As noted several times, external pressure on key resources – as is occurring in many parts of Africa – has the potential to provoke social unrest.

An additional pattern associated with governance and food security that may lead to conflict in the face of climate change is migration. “Climate change is likely to be a significant
factor leading to mass exodus from increasingly uninhabitable areas, and population shifts stemming directly or indirectly from environmental pressures can place significant burdens on migrant receiving areas” (Bora et al., 2010 p.6). Two identifiable pathways exist where migration induced by crop loss from climate change leads to conflict. The first is environmental degradation leading directly to emigration. The second is when resource competition and conflict occurs in a home area producing more refugees. Gleditsch et al. (2007), notes, “migration directly caused by environmental factors may lead to social tensions and sporadic violence in receiving areas” (Bora et al., 2010 p.7).

There are obvious solutions to combat many of these circumstances that are easier said than done. Strengthening local institutions, improving access and availability of food and increasing social safety nets are a few mechanisms suggested by the literature. Social and economic safety nets are crucial in preventing a recurring cycle of conflict due to external climate pressures. For example, populations with the ability to return to somewhat normal livelihoods after climate shocks will fare much better than those that cannot. Public infrastructure must be robust enough to allow this.

Additionally, susceptibility to shocks from climate change can be reduced through targeted national, regional and international policies. Building resilience in at-risk countries to known global patterns that lead to increasing resource scarcity and climate destabilization decrease the likelihood of social unrest occurring in fragile states. An integrated approach towards increasing institutional quality will clearly increase the ability for response and recovery to shocks (Food and Agriculture Organization, 2010). Much like the analysis conducted in this paper, further study of exposure, susceptibility and adaptive capacity to identify at-risk countries
will be crucial in the prevention and mitigation of social unrest due to climate change. In addition, informal assessments of local institutions are crucial to predicting at-risk areas.

More broadly, mitigating climate change at the global level will decrease the trend toward catastrophic impacts that lead to further social unrest. To avoid disastrous impacts of climate change, the IPCC suggest that greenhouse gas emissions need to be reduced 50-80 percent below 1990 levels by 2050 (UNFCC, 2010). Although success currently appears unlikely, perhaps effective action on climate change will be motivated by a desire to limit conflict supported by the increasingly recognized connection between the two. The international community would surely benefit from a reduction in conflict in fragile states and the associated economic and human losses.

As noted above, mainstream news sources are now beginning to make the connection between climate change and events characterized by social unrest globally. With the Arab Spring and recent conflicts in the Middle East and Africa there is a renewed focus on the drivers of this unrest. In recent decades, extensive study and analysis has been done on the connection between climate change and how its impacts may drive or contribute to social unrest. There is a clear consensus in the literature that the effects of climate destabilization may contribute in large and small amounts to recent unrest. Because of the extremely complex nature of climate change and social unrest however, it is impossible to identify exactly which climatic event and in what quantity contributed to these episodes of unrest, much like attempts to connect particular weather events directly to climate change, yet we accept these connections as statistically relevant. Even more difficult is attempting to predict how climatic events will impact vulnerable countries across the world. However, attempting to catalogue which factors impact vulnerability is crucial
to avoiding or mitigating future social unrest that may result in catastrophic human impacts. This paper aims to create an initial framework where this analysis is possible.

The approach used in this paper includes key indicators associated with aspects of vulnerability including exposure, sensitivity and adaptive capacity to assess the risk of social unrest in countries facing climate risks. These indicators provide literature-based metrics of vulnerability with which to assess countries by. The primary result of the analysis identifies which countries are most vulnerable to social unrest in the face of climate change based on the factors chosen for consideration. The model of analysis used in Allison et al. can clearly be adapted and applied to other forms of vulnerability analysis as demonstrated in this paper.

Data Gaps

1. Eckstein, Kunzel and Schafer (2017) emphasize that the Climate Risk Index (CRI), “should not be regarded as the only evidence for which countries are already afflicted or will be affected by global climate change” (p.20). An additional concern is that the current analysis in the Global Climate Risk Index solely includes weather-related events such as storms, floods, temperature extremes, heat waves and cold waves. These events are important, but only represent acute instances of climate extremes. Long-term trends in weather, for example, “decline in precipitation that was shown in some African countries as a consequence of climate change” are not presented in the CRI (Eckstein, Kunzel, & Schafer, 2017 p. 19). However, these trends are also clearly significant in evaluating risk because of the impact on resource availability, in particular for agricultural productivity and water stocks.

2. Within the food supply variability index – represented by food supply variability kcal/capita/day – it is important to note that there were several data gaps. The database
from which countrywide information was drawn, FAOSTAT, did not include data for two countries, Burundi and Sudan. Data for Sudan was provided by the Sudan Federal Food Security Technical Secretariat, however after extensive probing, data for Burundi was not available. This indicates uncertainties for the data utilized to rank countries by food supply variability and for summed country rankings.

3. It is notable that the income inequality index represented by the Gini Coefficient also contains information from over 17 years of time-span thus weakening the value of comparisons. The Gini Coefficient data for countries ranges from 1998 to 2015 as the most recent year of calculation.

4. It is also worth noting that countries sometimes received similar scores in the raw variable data yet the ranking system caused them to appear further apart than they were in reality. However the ranking system was necessary for analysis. Further, countries that perform well in this analysis remain on the Least Developed Country and Global Climate Risk Index lists, therefore scoring “well” in the ranking is relative.
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Appendix A

Current, sometimes overlapping categories of types of conflict

• Control of water resources (state and non-state actors): where water supplies or access to water is at the root of tensions.

• Military tool (state actors): where water resources, or water systems themselves, are used by a nation or state as a weapon during a military action.

• Political tool (state and non-state actors): where water resources, or water systems themselves, are used by a nation, state, or non-state actor for a political goal.

• Terrorism (non-state actors): where water resources, or water systems, are either targets or tools of violence or coercion by non-state actors.

• Military target (state actors): where water resource systems are targets of military actions by nations or states.

• Development disputes (state and non-state actors): where water resources or water systems are a major source of contention and dispute in the context of economic and social development.