Opiate Craving Scale

1) During the past week how often have you thought about using opiates or about how good using opiates would make you feel?
   0 never
   1 rarely (1-2)
   2 occasionally (3-4)
   3 sometimes (5-10 per week or 1-2 per day)
   4 often (11-20 past week or 2-3 per day)
   5 most of the time (20-40 past week or 3-6 per day)
   6 nearly all the time (more than 40 during the past week or more than 6 times per day)

2) At its most severe point how strong was your craving during the past week?
   0 none at all
   1 slight, which is a very mild urge
   2 mild urge
   3 moderate urge
   4 strong urge, but easily controlled
   5 strong urge and difficult to control
   6 strong urge and would have used opiates if they were available

3) During the past week, how much time have you spent thinking about using opiates or about how good using opiates would make you feel?
   0 none at all
   1 less than 20 min
   2 21-45 min
   3 46-90 min
   4 90 min – 3 hrs
   5 between 3-6 hrs
   6 more than 6 hrs

4) During the past week how difficult would it have been to resist using opiates if you had known where some were in your house?
   0 not difficult
   1 very mildly difficult
   2 mildly difficult
   3 moderately difficult
   4 very difficult
   5 extremely difficult
   6 would not be able to resist

5) Keeping in mind your responses to previous questions, please rate your overall average opiate craving for the past week?
   0 never thought about using opiates and never had the urge
   1 rarely though about using opiates and rarely had urge to use opiates
   2 occasionally though about using opiates and occasionally had urge to use
   3 sometimes thought about using opiates and sometimes had urge to use
   4 often thought about using opiates and often had the urge to use opiates
   5 though about using opiates most of the time and had the urge to use most of the time
   6 though about using opiates nearly all of the time and urge to use nearly all of the time