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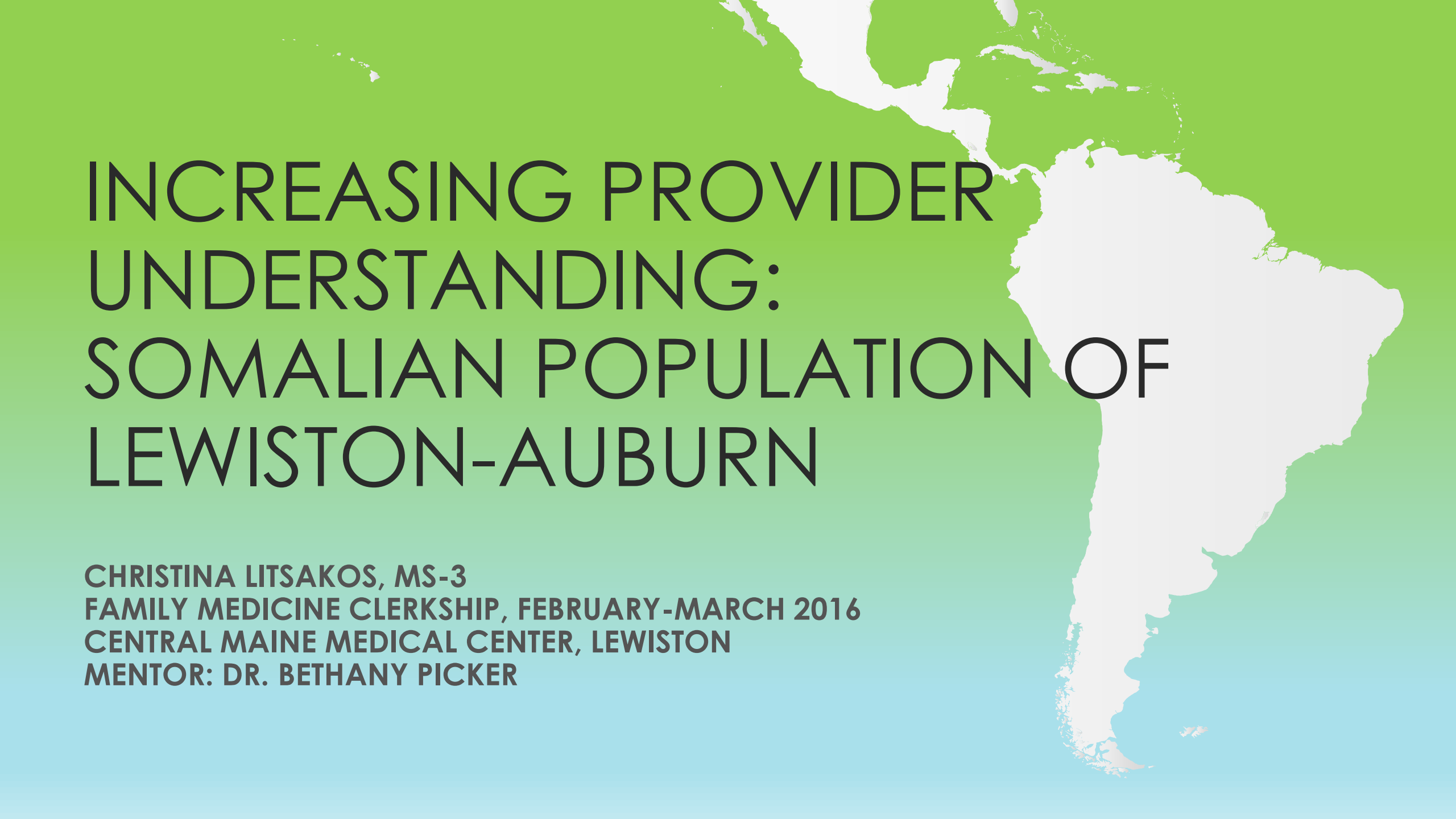
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INCREASING PROVIDER UNDERSTANDING: SOMALIAN POPULATION OF LEWISTON-AUBURN

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DESCRIPTION OF NEED

- CENSUS DATA
 - Population, Lewiston (2010): 36,592¹
 - Somali Refugee population (2014): ~6,000, 1/3 Bantu²
- REFUGEES SERVED BY FM AT CMMC
 - Estimation based on Somali speaking patients
- FUTURE ESTIMATES
 - CCRIS: 192 Somali refugees relocated to Maine 2015³

UNIQUE CONSIDERATIONS IN PATIENT POPULATION

- FAMILY DYNAMICS
 - Polygamy as common practice, avg family includes 4 wives
 - Work and childcare
 - Female circumcision
- LIFE EXPECTANCY
 - At birth: 52.3 yrs⁴
 - Impact of immigration
- COMMON MEDICAL ILLNESSES
 - Nutritional deficiencies, i.e.: iron
 - Parasitic infections, i.e.: Schistosomiasis
 - TB sequelae

COMMUNITY PERSPECTIVE

- PER INTERVIEW, EMPLOYEE, TREE STREET YOUTH
 - Multiple dynamics influence refugee health
 - Impact of U.S. policies on Somalian family unit
 - “There is so much potential between our communities”
- PER CORRESPONDENCE, COMMUNITY MEMBER, SBCAM
 - Need for home health volunteers
 - Maine as an agricultural state
 - “We appreciate interest in our community”

INTERVENTION & METHODS

- CONTACT WITH ACTIVE COMMUNITY MEMBERS
- REVIEW PUBLICATIONS, MEDIA REPORTS
- REVIEW EDUCATIONAL TOOLS DIRECTED AT PATIENT POPULATION
 - YouTube video series:
<https://www.youtube.com/watch?v=sfnRBn5p5Xg>
 - Somali Bantu Community Association of Maine:
<http://www.sbcmala.org/>

RESULTS

- LITERATURE REVIEW
 - Limited publications specific to *Maine*
 - Multiple studies produced in *Minnesota*
- REFUGEES SERVED BY FM AT CMMC
 - Estimation based on *Somalian speaking patients*
- EXPANDED INTEREST IN SOMALIAN COMMUNITY

EFFECTIVENESS & LIMITATIONS

- INCREASE IN SOMALIAN POPULATION SERVED AT CMMC
- SOMALIAN COMMUNITY EN MASSE
- INFLUX OF REFUGEES FROM OTHER COUNTRIES
 - Largest population 2015, Iraq⁵

FUTURE INVESTMENT

- DESIGNATE FM AMBASSADOR
 - Home health care workers group
- TRACK REFERRALS TO FM CLINIC
 - Evaluate pattern over time
- VISIT THE FARM
 - Fresh Start Farms, Wholesale and CSA
- SHOP AT SOMALIAN OWNED SHOPS

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- U.S. Census Report
- Catholic Charities Refugee and Immigration Services
- Bloomberg View reports