Concerned about Opiate Addiction?

You are not Alone!

Opiate abuse and addiction represents an epidemic in Vermont

More than 50+ Vermonters die from opiate poisoning every year

How to get treatment for yourself or someone you care about...

Help is available! Talk to your doctor or other addiction professional about the right treatment option for you or the person you care about.

Medically assisted treatment with Buprenorphine, and/or Naltrexone is a relatively safe, reliable approach to reducing cravings, preventing high risk behavior, and controlling opiate addiction.

Addiction Services exist throughout Vermont and are organized according to a “Hub & Spoke” model in which the level of treatment is tailored to the needs of the individual.

“Hubs” offer more intensive treatment and coordination for those with more difficult to treat addictions. These centers are dedicated solely to the treatment of substance abuse and addiction.

“Spokes” offer less intensive treatment and coordination of care for individuals with more stable addictions. This type of site may include the office of your Primary Care Provider.

For a list of Licensed Alcohol and Drug Abuse Counselors or locations offering Substance Abuse Services, see the reverse side of this sheet.
### Rutland County

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<th>Service Provider</th>
<th>Contact Information</th>
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| Turning Point Center of Rutland (Information, Meetings) | 802-773-6010  
www.rutlandturningpoint.org  
141 State St., Rutland, VT |
| West Ridge Center for Addiction Recovery (Hub; Comprehensive outpatient treatment) | 802-776-5800  
www.rrmc.org/services/west-ridge-center-for-addiction-recovery/  
Howe Center, 1 Scale Ave, Building 10., Rutland, VT |
| Evergreen Substance Abuse Service (Outpatient treatment) | 802-747-3588  
www.rmhsccn.org  
135 Granger St., Rutland, VT  
Jeremy Ashton, LADC  
Peter Deutsch, LADC  
Maryellen, Fitzgerald, LADC  
Clayton Gilbert, LADC |
| Rutland Mental Health Court Square (Adolescent and Outpatient treatment) | 802-775-4388  
www.rmhsccn.org  
7 Court Sq., Rutland, VT |
| Serenity House (Detox, Residential) | 802-446-2640  
www.recoveryhousevt.org  
2 Church St., Wallingford, VT |

### Addison County

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| Turning Point Center of Addison County (Information, Meetings) | 802-388-4249  
www.turningpointaddisonvt.org  
228 Maple St., Middlebury, VT |
| Counseling Service of Addison County (Adolescent and Outpatient treatment) | 802-388-6751  
www.csac-vt.org  
89 Main St., Middlebury, VT |

### Alcohol and Drug Counselors

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<tr>
<th>Counselor Name</th>
<th>Contact Information</th>
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| Amy Adams, MS, LCMHC, LADC | 802-635-5096x1  
257 Main St., Vergennes, VT |
| Katherine Canfield, LADC/Shannon Monty, LADC/Stephen Hommel, LADC | 866-639-9573  
202 N. Main St., Rutland, VT |
| Sharon M. Coleman, LICSW, LADC | 802-877-6222  
257 Main St., Vergennes VT |
| Mark Gagnon, MSW, LCSW-R, ICADC | 518-547-4148  
120 Merchants Row., Rutland, VT |
| Jane Garbose, MA, LADC | 802-281-4144  
36 Main St., Middlebury, VT |
| Julianne Holland, Med, LADC | 802-347-2137  
54 Main St., Middlebury, VT |
| Samuel Hollander, MA, LADC | 802-664-4457  
11 Court Sq., Rutland, VT |
| Chuck King, LADC | 802-388-4174  
10 Merchants Row, Suite 325., Middlebury, VT |
| Amy Kittredge, MS, LCMHC, LADC | 802-772-4414  
420 Grove St., Brandon, VT |
| Kevin Lenfest, LADC | 802-747-8812  
1 Scale Ave Bldg 18 #117., Rutland VT |
| Terri Mayer Thomsen, MA, LADC | 802-349-7017  
27 A Main St., Bristol, VT |
| Carolyn Prescott, LADC | 802-747-0655  
56 ½ Merchants Row., Rutland VT |
| Ken Schoen, MS, LADC | 802-349-8321  
39 C Center St., Brandon, VT |
| Annelise Ulrich, LICSW, LADC | 802-773-3386  
215 Stratton Rd., Rutland, VT |