Health Care Share
A Farm to Patient Collaboration

Welcome to the 2017 Health Care Share! You have been selected to participate in this twelve-week summer program, and we and are excited that you will be working with us to build a healthier Vermont!

The Health Care Share is a network of farmers, health care professionals, non-profit organizations, and volunteers who share the common goal of providing Vermont communities with fresh, local foods, as well as information on healthy eating, cooking, and living. Health Care Share strives to support you and your family in eating healthy, home-cooked meals using fresh produce. Each week, a variety of vegetables will be in the share. As the growing season progresses, different vegetables will grow in the local garden and be available to us. This gives us all an opportunity to try a variety of fresh produce throughout the summer.

The 2017 Health Care Share summer program runs from July 27th to October 12th. Every Thursday, you will pick up your share between 3:00 PM and 6:00 PM at your designated location (addresses below). Please do not be late! Together, we will walk through each item in the share. There will be samples of recipes to taste using some the vegetables found in that week’s share. We will provide you with a weekly newsletter, which will include descriptions of the week’s share, as well as cooking and health information and recipes.

Newport Pick-Up Location
North Country Primary Care Newport
186 Medical Village Drive
Newport, VT
05855

Barton Pick-Up Location
North Country Primary Care Barton
488 Elm Street
Barton, VT
05822

If you have any questions, concerns, or are unable to pick up your share at any point, please contact Julie Riffon at 802-334-3241.

We look forward to working with you throughout the 2017 Health Care Share season, and hope you enjoy and benefit from the program!

Best wishes,

The Health Care Share Team