Advance Care Directives

- Are documents that declare your desires for the handling of your healthcare when you have become unable to communicate your wishes
- They provide a framework of your wishes to your family, loved ones, and physicians about your decisions for your medical care that highlight your personal values
- Remember, there is NO law in Vermont that automatically allows your loved ones or family to make decisions for you in your time of need
- Anyone but your health care provider/doctor can be your agent
- Rest assured. The advance care directives are fluid documents. Change them as much as you feel is necessary to make sure they reflect your current wishes
- The advance care directives are for you, if you are older than 18.

What can you do?
- Make your own document OR
- Use one of the several templates from Vermont Department of Health at www.healthvermont.gov/vadr/register.aspx

What can we do for you?
- Provide templates for you to fill out
- Fax them to the registry for you
- Answer your questions. We, the physicians, the medical care staff, and the community health team, are here to help.