For those in recovery from addiction to...

- Opioids
- Alcohol
- Nicotine

... and are interested in meeting like-minded people who can offer support, advice, and meaningful connections, there are resources available in Franklin County. Learn from peers who have been in similar positions, have had success in their own recovery, and can relate on a spiritual and emotional level.

Recovery centers/clinics that offer peer support for those in recovery

Turning Point of Franklin County (St. Albans)
- (802) 782-8454
- www.turningpointfranklincounty.org

Northwestern Counseling & Support Services (St. Albans)
- (802) 524-6554
- www.ncssinc.org/about/locations

Howard Center (St. Albans)
- (802) 524-7265
- www.howardcenter.org/directions-locations/

BAART St. Albans
- (802) 370-3545
- www.baartprograms.com/baart-st-albans/

For those in recovery, you don’t have to do it alone!

Peer support groups for substance abuse and addiction in Franklin County
**Opioids**

Narcotics Anonymous (Champlain Valley Area)
- 12-Step program for those recovering from drug addiction
- Meets Mondays and Wednesdays in St. Albans
- 24-hour helpline: (802) 862-4516 or (866) 580-8718
- Find a meeting: [www.cvana.org/meetings/](http://www.cvana.org/meetings/)

Medically-Assisted Recovery Anonymous
- 12-Step program for those in a MAT program
- Meets Tuesdays in St. Albans
- Find a meeting: [www.mara-international.org/find-a-meeting/](http://www.mara-international.org/find-a-meeting/)

**Alcohol**

Alcoholics Anonymous (St. Albans Area, District I)
- 12-Step program for those recovering from alcoholism
- Meets 7 days a week with locations in St. Albans, Montgomery, Enosburg Falls, Swanton, and Richford
- Hotline: (802) 741-7100
- Find a meeting: [www.aavt.org/meetings/district1.html](http://www.aavt.org/meetings/district1.html)

**Smoking**

802Quits
- 24/7 quit smoking resource for all Vermont residents that offers small group meetings led by Vermont Quit Partners
- 24-hour helpline: 1 (800) 784-6669 (1-800-QUIT-NOW)
- For more information: [www.802quits.org](http://www.802quits.org)

**Other Recovery Groups**

SMART recovery
- 10-week workshop for those recovering from any type of addiction
- Meets Mondays and Tuesdays in St. Albans
- Main contact: Katie DeForge, (802) 782-8454
- Find a meeting: [www.smartrecoverytest.org/local/meetings](http://www.smartrecoverytest.org/local/meetings)

Making Recovery Easier
- 6-week workshop for those undecided about attending 12-Step programs
- Meets Wednesdays and Thursdays in St. Albans
- Find a meeting: [www.turningpointfranklincounty.org/calendar/](http://www.turningpointfranklincounty.org/calendar/)

Mommy & Me
- Discussions for mothers in recovery. Children welcome at meetings
- Meets Wednesdays in St. Albans
- Find a meeting: [www.turningpointfranklincounty.org/calendar/](http://www.turningpointfranklincounty.org/calendar/)