

Thank you for agreeing to be interviewed. This project is a requirement for the Family Medicine clerkship. It will be stored on the Dana Library ScholarWorks website. Your name will be attached to your interview and you may be cited directly or indirectly in subsequent unpublished or published work. The interviewer affirms that he/she has explained the nature and purpose of this project. The interviewee affirms that he/she has consented to this interview. Yes / No

Interviewed: Matthew Nutt LCSW CCS: Behavioral Medicine Counselor
Patricia Kimball: Executive Director of WellSpring Rehabilitation
Dr. Eric Brown MD: EMMC CFM Faculty
Carol Peavey: FNP EMMC CFM

What is your current position?

How did you become involved in the treatment and recovery of Opioid dependent patients?

How do you see substance abuse impacting this community?

When thinking of your patients :

What are the biggest challenges each face while in treatment

What factors challenge their decision to stay in treatment?

What are the biggest risks for relapse while in treatment?

What are some strategies that can help people start treatment and remain in treatment?

Group Session: Open ended discussion questions

Exploring Risk Factors for Relapse in patients in the Buprenorphine program at EMMC CFM

1. While you have been in treatment, what have been the most influential factors for you for staying in treatment?

Session 1: Family, Children, Health, Others, Desire to get better

Session 2: Child, Clarity/ Feel better, Being Heard

2. What are the biggest challenges you face while in treatment that may have challenged your decision to stay in treatment?

Session 1: Judgement, many reasons to use, feelings, Different providers (swapped In office)

Session 2: work schedule, judgement from others, missing that energy of using

3. What do you think are the biggest risks for relapse while in treatment?

Session 1: Old friends, feelings, stress, family/ arguments, significant losses, life changes, being offered, losing a job, group story triggers

Session 2: Situation (people/ places) stress "easier to manage when not using but hard to see that at the time" Pain/ injury, boredom/ freetime, feelings, loss, money

4. What do you think are some strategies that can help people start treatment and remain in treatment?

Session 1: support and encouragement of loved ones, separating from bad influences (moving, change number) ask for help, being honest, admitting the problem , keeping up with appointments- have someone remind you of what you are doing and why, knowing your not alone

Session 2: Show by example, tell people how well it works, give peer support, move, change scenery, group

5. Do you think the support from the clinic have helped to keep you from relapsing?

Session 1: Yes: group, babies father/ loved one into program

Session 2: Yes! Being heard, more connected, not jonesing (medication works),

6. How do you feel your health is overall?

Session1: getting better physically and mentally- better relationships- better care

Session 2: Better- want to take care of myself more- less fear of doctor

7. How is your Quality Of Life?

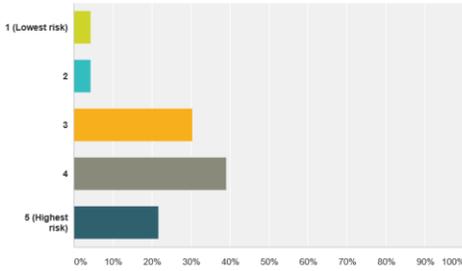
Session 1: Great, feel like now have future- proud to be where I am now- reflect on how far they have come

Session 2: Getting Better: I have home- at induction was one day at time

Provider Survey Results

On a scale of 1-5, what is the risk of relapse for someone in treatment for opioid dependence if they previously used opioids for ten years or more?

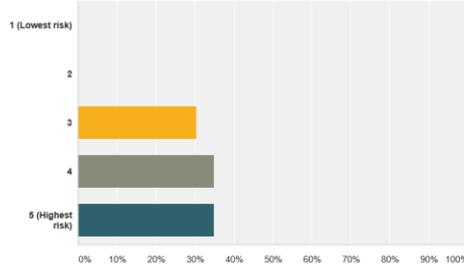
Answered: 23 Skipped: 0



Answer Choices	Responses	Count
1 (Lowest risk)	4.35%	1
2	4.35%	1
3	30.43%	7
4	39.13%	9
5 (Highest risk)	21.74%	5
Total		23

What is the risk of relapse for someone in treatment for opioid dependence if they are currently using a benzodiazepine?

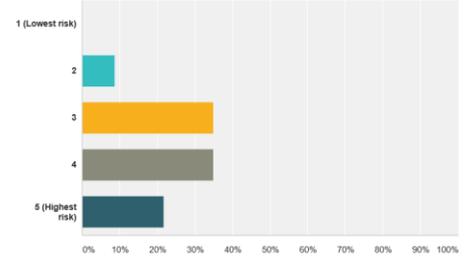
Answered: 23 Skipped: 0



Answer Choices	Responses	Count
1 (Lowest risk)	0.00%	0
2	0.00%	0
3	30.43%	7
4	34.78%	8
5 (Highest risk)	34.78%	8
Total		23

What is the risk of relapse for someone in treatment for opioid dependence if they have a diagnosis of anxiety?

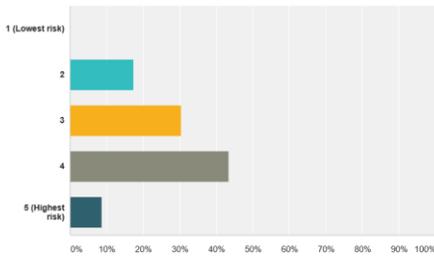
Answered: 23 Skipped: 0



Answer Choices	Responses	Count
1 (Lowest risk)	0.00%	0
2	8.70%	2
3	34.78%	8
4	34.78%	8
5 (Highest risk)	21.74%	5
Total		23

What is the risk of relapse for someone in treatment for opioid dependence if they have a diagnosis of depression?

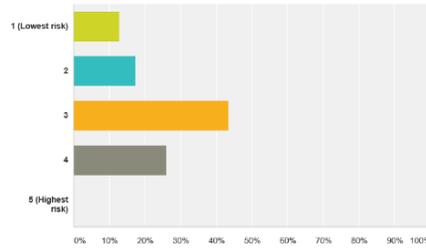
Answered: 23 Skipped: 0



Answer Choices	Responses	Count
1 (Lowest risk)	0.00%	0
2	17.39%	4
3	30.43%	7
4	43.48%	10
5 (Highest risk)	8.70%	2
Total		23

What is the risk of relapse for someone in treatment for opioid dependence if they are currently using marijuana?

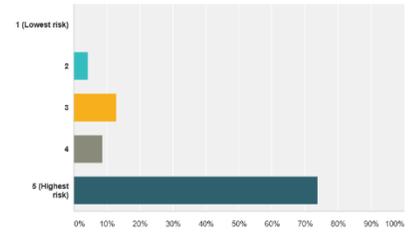
Answered: 23 Skipped: 0



Answer Choices	Responses	Count
1 (Lowest risk)	13.04%	3
2	17.39%	4
3	43.48%	10
4	26.09%	6
5 (Highest risk)	0.00%	0
Total		23

What is the risk of relapse for someone who is in treatment for opioid dependence who has a significant other who is using opioids?

Answered: 23 Skipped: 0



Answer Choices	Responses	Count
1 (Lowest risk)	0.00%	0
2	4.35%	1
3	13.04%	3
4	8.70%	2
5 (Highest risk)	73.91%	17
Total		23

