

Suboxone Therapy Survey Results- Swanton

Demographics

31 surveys completed

16 male

15 female

Rating of Treatment

Average = 4.5/5

(1= Very poor; 2 = Poor; 3 = Neutral, 4 = Good; 5 = Very Good)

Very Poor	0%	0
Poor	0%	0
Neutral	10%	3
Good	29%	9
Very good	61%	19

Opinion of pain contract

I find it upsetting	0%	0
No opinion	71%	22
I find it helpful	29%	9

Barriers to treatment

Transportation	23%	7
Scheduling Conflicts	16%	5
Stressful home environment	19%	6
Dissatisfaction with treatment	6%	2
Lack of personal support system	3%	1
None	14%	14

Comments on current treatment

- Comfortable in discussing any problems
- Worried about ever being able to get off suboxone
- "Without program I would be doomed"

What can we do to provide better treatment for you?

- **Less wait time**
- Fewer visits

- **Listen to patients**
- Patient doesn't trust the UAs
- Want to keep seeing the same people, don't like having to see different people each visit

What part of the treatment works well for you?

- The consistency of the visits
- **Seeing a counselor at the same appointment**
- **Open atmosphere and being spoken to as a normal person**
- Providing structure for those who need it
- **Everyone is helpful and understanding**
- Allowing medical weed
- 1 visit every 4 weeks

Counseling outside of MAT program

Yes	48%	15
No	52%	16

Interest in other counseling options

Individual Therapy	3
IOP	1
Relapse Prevention Group	4
Trauma Group	2
Anxiety/Depression Group	5
Parenting Group	2
Playgroup for children and parents	1
Men's Group	1
Women's Group	3
ADHD Group	4
CBT for Insomnia Group	0
Quit Smoking Group	7
Strong Recovery Group	3
Wellness Group	1
Healthy Relationships Group	2
Anger Management Group	1
None	16

Summary

- Overall people are happy with their current treatment
 - People appreciate the consistency, availability of counseling on site, and the open atmosphere
- Improvements
 - Less of a wait time and a few patients feel they are not being listened to

- Most common barriers include transportation and stresses at home
- 52% do not see counseling outside of MAT
- 7 people interested in a Quit Smoking Group
- 5 interested in Anxiety/Depression Group