

**Champlain Islands Health  
Center**  
South Hero

Main line: 802-372-4687

After-Hours line:  
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**GoodHEALTH Internal  
Medicine**  
South Burlington

Main line: 802-860-1441

After-Hours line:  
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**Riverside Health Center**  
Burlington

Main line: 802-864-6309

After-Hours line:  
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My new Primary Care Provider is:

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My next appointment with my new provider is:

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These are things I would like to discuss with my  
new provider:

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I'd like my new care provider to know this is  
what I liked about Safe Harbor and this is what  
I want to continue:

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**South End Health Center**  
Burlington

Main line: 802-864-0693

After-Hours line:  
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**Winooski Family Health**  
Winooski

Main line: 802-655-4422

After-Hours line:  
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## Key Resources

Website: [www.chcb.org](http://www.chcb.org)

Main phone line and  
After-Hours line:

802-864-6309

Dental:

802-652-1050

Social Work:

802-860-4323

MAT:

802-371-4875



**SAFE  
HARBOR  
TRANSITION  
OF CARE**

This is who I call for medicine refills:

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My pharmacy is:

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Members of my care team are:

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Phone numbers for members of my care team  
are:

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Community resources I frequently use:

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