

# VERMONT DIVERSITY HEALTH PROJECT (VDHP)

- FOR PROVIDERS -



## WHAT IS VDHP?

"The Vermont Diversity Health Project (VDHP) exists to improve the health and wellness of Lesbian, Gay, Bisexual, Transgender and Queer (LGBTQ) Vermonters by building bridges between healthcare providers and LGBTQ people throughout the state. Our goal is to help patients identify safe, affirming, supportive, and effective healthcare providers, and offer trainings and other support to enhance providers' skill in working with LGBTQ people." -- VDHP "About the Program," Pride Center of Vermont

### PATIENTS SEEKING SAFE, AFFIRMING PROVIDERS



Aside from typical barriers to healthcare that many individuals face, such as costs, transportation, and medical literacy, LGBTQ+ individuals must also navigate "coming out" to providers. It is important for LGBTQ+ patients to feel that they will not be judged for their sexuality or gender identity and have confidence that providers are knowledgeable about LGBTQ+ specific health issues.

### VARIETY OF PROVIDERS IN THE DATABASE



Providers can sign up themselves or be nominated by patients or clients to join the VDHP database. Providers range from physicians, to dentists, to physical therapists, to naturopaths (and many more!). Once part of the database, patients/clients can search for a specific healthcare field and view on a map where VDHP providers are located!

### LGBTQ+ BEST PRACTICES TRAININGS



For groups of providers seeking training in LGBTQ+ Best Practices, the Pride Center of VT offers a workshop to provide information on how to best serve LGBTQ+ patients and clients. The Pride Center will take into account information about the culture of a specific practice in order to tailor the workshop to a group's needs and interests.

### HOW TO CONNECT WITH VERMONT DIVERSITY HEALTH PROJECT



Interested in joining the VDHP, hosting an LGBTQ+ Best Practices training, or learning more about VDHP in general?

Scan the QR code below to access the VDHP website, or reach out to Taylor Small (Health and Wellness Director at Pride Center of Vermont) by one of the following methods:



SCAN ME

Phone: 802-860-7812 // Email: [taylor@pridecentervt.org](mailto:taylor@pridecentervt.org)