

# UVM ScholarWorks

## Healthier Living: Diabetes Management

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Authors	Childs, Brandon
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South Burlington Family Practice  
3 Timber Lane  
South Burlington, VT 05403  
(802) 847-8500



Dear [patient],

We would like to invite you to attend a FREE workshop that is being offered here at the South Burlington Family Practice for our patients and their family members or care-supporters.

Called *Healthier Living with Diabetes*, this interactive, non-lecture-based program is focused on the management of diabetes. We think this workshop is an excellent opportunity for you to learn how you can improve your health and feel better while living with diabetes. You will find a flier enclosed along with this letter which provides more information about this event.

This diabetes self-management workshop is a free, six week program which takes place right here at the South Burlington Family Practice Clinic.

We are offering a variety of workshop times/dates for your convenience. The first session is starting soon. A light meal will be provided to you during the event.

If you are interested in participating in this workshop or have questions about this program, please call or email [contact] from The University of Vermont Medical Center at (802) 847-5486. We are pleased to provide you with an opportunity to improve your health – for free – by attending a Healthier Living workshop. We look forward to hearing from you!

Sincerely,

The South Burlington Family Practice care team