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Barriers and Misconception Regarding the Influenza Vaccine

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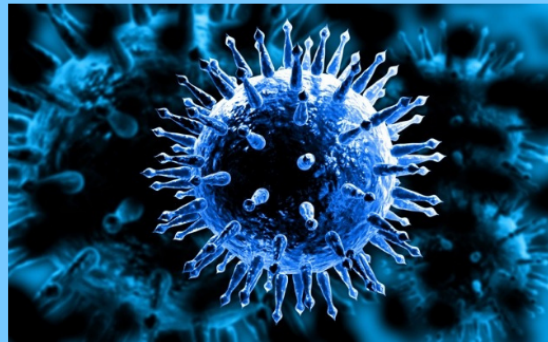
Hand washing and avoiding crowded spaces is important to avoid infection from the flu virus. Flu vaccination helps protect you as well, but many hesitate due to various misunderstandings about the vaccine.

Contact Us

Conversation with your primary care provider is always essential to find out if the flu vaccine is right for you.



Protect Yourself This Flu Season!



What to Know About the Flu Vaccine



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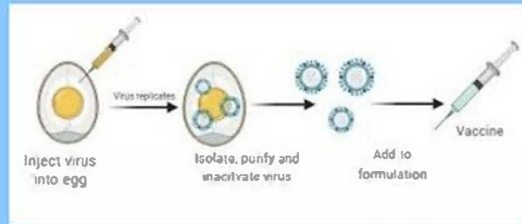
Commonly asked questions

Can I still get the Flu if I get the Vaccine?

Yes, even if you get the flu vaccine you can still contract the virus. Research has shown that the vaccine has protective abilities which will make the infection less severe.

How Dangerous is the Flu?

According to the WHO, Influenza kills 290,000-650,000 per year globally.



How is the Flu Vaccine Made?

The Flu Vaccine is made by growing selected flu viruses, safely inactivating them or using only a small piece of the virus, and then purifying those parts into a shot. The vaccine does not cause the flu, but it trains your immune system to recognize and fight the virus.

What are some side effects of the flu Vaccine?

These include soreness, headache, and fatigue. Allergic reactions to this vaccine are rare. Make sure to talk to your primary care doctor if you have any concerns.

Who Should Get the Flu Vaccine?

CDC recommends that everyone 6 months or older should get the flu vaccine. Elderly adults, pregnant women, young children, and those with chronic health conditions or weakened immune systems are strongly recommended.



How Often Should I get the Flu Vaccine? Why?

CDC recommends that people get the flu vaccine once every year before or during flu season. This is because the virus mutates frequently and tends to evade immunity.