Quick text name: /MATinduction

Screening:
DAST-10
In the past 12 months…
1. Have you used opioids/opiates other than those required for medical reasons?
2. Do you abuse more than one drug at a time?
3. Are you unable to stop abusing opioids/opiates when you want to?
4. Have you ever had blackouts or flashbacks as a result of drug use?
5. Do you ever feel bad or guilty about your drug use?
6. Does your spouse (or parents) ever complain about your involvement with drugs?
7. Have you neglected your family because of your use of opioids/opiates?
8. Have you engaged in illegal activities in order to obtain opioids/opiates?
9. Have you ever experienced withdrawal symptoms (felt sick) when you stopped taking opioids/opiates?
10. Have you had medical problems as a result of your opioid/opiate use (e.g. memory loss, hepatitis, convulsions, bleeding)?

- If patient screens positive inquire about interest in initiating MAT

Medical Clearance:
- Suboxone contraindicated in patients with severe liver disease or liver failure
- Collect CMP and Urine drug screen for all patients prior to discharge
- For females collect Urine pregnancy test; if + consult ObGyn prior to initiation.

Initial Assessment:
Use COWS scale to assess for withdrawal (https://www.asam.org/docs/default-source/education-docs/cows_induction_flow_sheet.pdf?sfvrsn=b577fc2_2)
- if >14 proceed to induction
- if COWS less than 14; wait and reassess after a couple of hours until score is >14

Initiation:
- Perform informed consent for suboxone initiation
- Start with 4 mg suboxone/buprenorphine (whatever is cheaper while in the ED) and reassess COWS
- Add 2mg per hour and reassess until COWS < 5
- If suboxone initiation causes precipitated withdrawal, continue to add suboxone until resolved
- Medications can be given palliatively during this period; including, clonidine for anxiety, Zofran for nausea, and Imodium for diarrhea.
- Calculate the total dose given to achieve a COWS <5. This is the patients initial daily dose.
- Prescribe 7 days of this dose
- Dosing should start as once a day with sublingual films

Disposition:
- Provide referral to IOP via Communication to CM MAT pool
- Include patient name, their initial dose, and valid phone number for contact (may not be same as what's given to registration)
- Provide palliative medical management
- Provide short course for PRN Zofran and Naloxone
- Encourage Imodium
- Encourage PRN Tylenol/Ibuprofen especially in patients with history of chronic pain
- Inquire if patient would be able to afford OTC medications and prescribe if unable