

# UVM ScholarWorks

## Screening for Developmental Delays During the Well-Child Visit

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Patient Name: \_\_\_\_\_ Age: \_\_\_\_\_ Today's Date: \_\_\_\_\_

## Developmental Milestones: 1 month

Ask caregiver about their child's ability to do the following things:

	Milestone	Not Yet	Sometimes	Frequently
1	Lifts and moves head when prone (stomach down)	0	1	2
2	Makes jerky arm movements	0	1	2
3	Bring hands within range of eyes and mouth	0	1	2
4	Keeps hands in tight fists	0	1	2
5	Strong reflex movements	0	1	2
6	Recognizes or alerts to some sounds	0	1	2
7	Eyes wander and sometimes cross	0	1	2
8	Prefers human face to other patterns	0	1	2
9	Focuses on objects 8-12 inches away	0	1	2
10	Likes sweet smells / avoids bitter or acidic smells	0	1	2
	Total			

Total Score Overall: \_\_\_\_/20

### Scoring Guide:

Lower scores ( $\leq 16$ ) or the presence of concerning signs should be explored further, depending on clinical judgement.

### Concerning signs to watch for:

- Difficulty with feeding or poor weights
- Minimal eye movement or blinking
- Excessively stiff or loose limbs
- No response to loud sounds or bright lights
- Doesn't lift head when prone

Patient Name: \_\_\_\_\_ Age: \_\_\_\_\_ Today's Date: \_\_\_\_\_

## Developmental Milestones: 2 months

Ask caregiver about their child's ability to do the following things:

	Milestone	Not Yet	Sometimes	Frequently
1	Raises chest when prone (stomach down)	0	1	2
2	Holds head steady when pulled into seated position	0	1	2
3	Turns head towards direction of sound	0	1	2
4	Eyes follow moving object past midline	0	1	2
5	Brings hands together	0	1	2
6	Notices own hands	0	1	2
7	Coos or gurgles	0	1	2
8	Imitate some sounds / uses sounds to communicate	0	1	2
9	Developing a social smile	0	1	2
10	Smiles at sound of your voice / happy to see you	0	1	2
	Total			

Total Score Overall: \_\_\_\_/20

### Scoring Guide:

Lower scores ( $\leq 16$ ) or the presence of concerning signs should be explored further, depending on clinical judgement.

### Concerning signs to watch for:

- Has difficulty with eye movements or crosses eyes most of the time
- Doesn't smile at your voice or at people (no social smile)
- No response to loud sounds or bright lights
- Cannot support head when seated

Patient Name: \_\_\_\_\_ Age: \_\_\_\_\_ Today's Date: \_\_\_\_\_

## Developmental Milestones: 4 months

Ask caregiver about their child's ability to do the following things:

	Milestone	Not Yet	Sometimes	Frequently
1	Rolls over: front to back (4mo), back to front (5mo)	0	1	2
2	Supports head when pulled into seated position	0	1	2
3	Pushes down on legs when feet on firm surface	0	1	2
4	Grasps objects and bangs them together	0	1	2
5	Touches fingers together	0	1	2
6	Starts using hands and eyes in coordination	0	1	2
7	Looks to caregiver for comfort	0	1	2
8	Orients to own name	0	1	2
9	Reaches for objects	0	1	2
10	Imitates some movements and facial expressions	0	1	2
	Total			

Total Score Overall: \_\_\_\_/20

### Scoring Guide:

A score of 15 or greater likely indicates normal development.

Lower scores ( $\leq 14$ ) or the presence of concerning signs should be explored further, depending on clinical judgement.

### Concerning signs to watch for:

- Difficulty grasping and holding objects
- Difficulty with eye movements or crosses eyes most of the time
- Doesn't smile at your voice or people (no social smile)
- No response to loud sounds or bright lights
- Cannot support head when seated
- Persistence of tonic neck reflex

Patient Name: \_\_\_\_\_ Age: \_\_\_\_\_ Today's Date: \_\_\_\_\_

## Developmental Milestones: 6 months

Ask caregiver about their child's ability to do the following things:

	Milestone	Not Yet	Sometimes	Frequently
1	Sits upright with assistance	0	1	2
2	Supports weight on legs when held upright	0	1	2
3	Transfers objects between hands	0	1	2
4	Uses raking grasp	0	1	2
5	Babbles / laughs / giggles	0	1	2
6	Responds to own name	0	1	2
7	Turns directly towards sounds and voices	0	1	2
8	Holds arms up to be held	0	1	2
9	Explores with hands and mouth	0	1	2
10	Enjoys social play and "peek-a-boo"	0	1	2
	Total			

Total Score Overall: \_\_\_\_/20

### Scoring Guide:

A score of  $\geq 13$  likely indicates normal development.

Lower scores ( $\leq 12$ ) or the presence of concerning signs should be explored further, depending on clinical judgement.

### Concerning signs to watch for:

- Difficulty grasping or holding objects
- Difficulty with eye movements
- Doesn't smile at caregiver voice or show affection for caregiver
- No response to sounds or bright lights
- Cannot support head when seated
- Doesn't babble or make vocalizations
- Difficulty rolling over

Patient Name: \_\_\_\_\_ Age: \_\_\_\_\_ Today's Date: \_\_\_\_\_

## Developmental Milestones: 12 months

Ask caregiver about their child's ability to do the following things:

	Milestone	Not Yet	Sometimes	Frequently
1	Pulls self to standing position	0	1	2
2	Cruising – walks without assistance	0	1	2
3	Uses 2-finger pincer grasp	0	1	2
4	Releases objects voluntarily / places in a container	0	1	2
5	Points to objects of interest	0	1	2
6	Calls parents by "mama" or "dada" (specific names)	0	1	2
7	Follows one-step commands	0	1	2
8	Tries to imitate words	0	1	2
9	Finds hidden objects (object permanence)	0	1	2
10	Stranger or separation anxiety	0	1	2
	Total			

Total Score Overall: \_\_\_\_/20

### Scoring Guide:

A score of  $\geq 13$  likely indicates normal development.

Lower scores ( $\leq 12$ ) or the presence of concerning signs should be explored further, depending on clinical judgement.

### Concerning signs to watch for:

- No response to own name
- Doesn't show emotional attachment to caregiver or recognize familiar people
- Doesn't point to objects of interest
- Difficulty standing unsupported or pulling self to standing position
- Doesn't imitate words or say simple words
- Doesn't search for hidden objects

Patient Name: \_\_\_\_\_ Age: \_\_\_\_\_ Today's Date: \_\_\_\_\_

## Developmental Milestones: 15 months

Ask caregiver about their child's ability to do the following things:

	Milestone	Not Yet	Sometimes	Frequently
1	Walks alone with uneven steps / walks backwards	0	1	2
2	Builds a 2-block tower	0	1	2
3	Drinks from a cup	0	1	2
4	Scribbles spontaneously	0	1	2
5	Simple gestures, like shaking head "no"	0	1	2
6	Uses $\geq 5$ words	0	1	2
7	Follows one-step directions	0	1	2
8	Walks up the stairs with assistance	0	1	2
9	Understands the function of everyday items	0	1	2
10	Can point to own body part	0	1	2
	Total			

Total Score Overall: \_\_\_\_/20

### Scoring Guide:

A score of  $\geq 11$  likely indicates normal development.

Lower scores ( $\leq 10$ ) or the presence of concerning signs should be explored further, depending on clinical judgement.

### Concerning signs to watch for:

- Difficulty standing or walking
- Immature grasp (non-pincer)
- Doesn't use simple gestures or say simple words
- Doesn't recognize or know function of everyday items
- Limited emotional attachment to caregiver

Patient Name: \_\_\_\_\_ Age: \_\_\_\_\_ Today's Date: \_\_\_\_\_

## Developmental Milestones: 2 years

Ask caregiver about their child's ability to do the following things:

	Milestone	Not Yet	Sometimes	Frequently
1	Runs	0	1	2
2	Climbs furniture or ladder at playground	0	1	2
3	Builds a 6-block tower	0	1	2
4	Copies a line	0	1	2
5	Uses 2-word sentences	0	1	2
6	Vocabulary of $\geq 50$ words	0	1	2
7	Names at least one color	0	1	2
8	Follows simple two-step instructions	0	1	2
9	Engages in parallel play	0	1	2
10	Imitates behavior of others	0	1	2
	Total			

Total Score Overall: \_\_\_\_/20

### Scoring Guide:

A score of  $\geq 12$  likely indicates normal development.

Lower scores ( $\leq 11$ ) or the presence of concerning signs should be explored further, depending on clinical judgement.

### Concerning signs to watch for:

- Difficulty walking or walks only on toes
- Limited vocabulary  $< 20$  words
- Doesn't use two-word sentences
- Doesn't imitate actions or words of others
- Doesn't follow simple instructions

Patient Name: \_\_\_\_\_ Age: \_\_\_\_\_ Today's Date: \_\_\_\_\_

## Developmental Milestones: 3 years

Ask caregiver about their child's ability to do the following things:

	Milestone	Not Yet	Sometimes	Frequently
1	Goes up and down stairs using alternating feet	0	1	2
2	Rides a tricycle	0	1	2
3	Copies simple shapes (circle or square)	0	1	2
4	Draws a person with 2-4 body parts	0	1	2
5	Uses 3-word sentences	0	1	2
6	Speaks clearly enough to be understood by strangers	0	1	2
7	Compares things / understands "same" vs "different"	0	1	2
8	Tells stories / can recount stories	0	1	2
9	Cooperative play with peers / shares toys	0	1	2
10	Enjoys fantasy play	0	1	2
	Total			

Total Score Overall: \_\_\_\_/20

### Scoring Guide:

A score of  $\geq 12$  likely indicates normal development.

Lower scores ( $\leq 11$ ) or the presence of concerning signs should be explored further, depending on clinical judgement.

### Concerning signs to watch for:

- Cannot scribble or grasp utensils
- Cannot build a 4-block tower
- Little interest in playing with other children
- Limited vocabulary or sentence use
- Persistent separation anxiety from parents

Patient Name: \_\_\_\_\_ Age: \_\_\_\_\_ Today's Date: \_\_\_\_\_

## Developmental Milestones: 4 years

Ask caregiver about their child's ability to do the following things:

	Milestone	Not Yet	Sometimes	Frequently
1	Hops and stands on one foot	0	1	2
2	Catches and throws a ball	0	1	2
3	Dresses and undresses without assistance	0	1	2
4	Draws a person with $\geq 4$ body parts	0	1	2
5	Uses 3-5-word sentences	0	1	2
6	Says own name and address	0	1	2
7	Enjoys rule-based games / bargains to change rules	0	1	2
8	Follows 3-step instructions	0	1	2
9	Knows at least 4 colors	0	1	2
10	Enjoys playing with peers	0	1	2
	Total			

Total Score Overall: \_\_\_\_/20

### Scoring Guide:

A score of  $\geq 14$  likely indicates normal development.

Lower scores ( $\leq 13$ ) or the presence of concerning signs should be explored further, depending on clinical judgement.

### Concerning signs to watch for:

- Fearful, timid, or aggressive behavior
- Little interest in interacting with peers
- Unhappy or sad much of the time
- Trouble with eating, sleeping, or toileting
- Cannot follow simple two-step instructions
- Issues with coordination or going up/down the stairs